

Physical Education Studies

Resource lists—Combined

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Disclaimer

Any resources such as texts, websites and so on that may be referred to in this document are provided as examples of resources that teachers can use to support their learning programs. Their inclusion does not imply that they are mandatory or that they are the only resources relevant to the course.

Physical Education Studies

RESOURCE LISTS—COMBINED

This list of resources was prepared using the advice provided by the Course Advisory Committee.

This list is prepared in the following parts:

PART 1: INTRODUCTION/SELECTION PROCESS

PART 2: PRINT RESOURCE LIST

PART 3: WEB RESOURCE LIST

PART 4: MULTIMEDIA RESOURCE LIST

PART 1: INTRODUCTION/SELECTION PROCESS

Selection guidelines

The selection of resources is the responsibility of each school and the following points need to be considered at all times:

- The lists are recommendations only and are not exhaustive. Each school should decide on specific titles for their students in consultation with their school community and sector guidelines.
- Some courses have set texts. Check the current syllabus.
- The recommended resources are to be used to support teaching and learning only and not as a substitute for the syllabus; the syllabus is what is used to develop examination questions and all teaching should be directly linked to the syllabus.
- Any selection process requires the use of the current syllabus. Syllabus documents are subject to changes. Users who download and print copies of a syllabus are responsible for checking for updates. Advice about any changes made is provided through the School Curriculum and Standards Authority communication process.
- The perspectives and views expressed in the resources are not endorsed as such but are provided for classroom discussion and comparison within the context of appropriate teaching and learning activities. Some resources need to be used with sensitivity and care.

Types of resource lists

The following resource lists are provided for this course: Introduction which includes Guidelines, Process, Professional Associations/Suppliers and Journals; Print materials; Websites, Multimedia and a combined list for printing.

Selection process

Step 1: Check the School Curriculum and Standards Authority website to see if you have the current syllabus; check the eCircular to see if any minor changes have been made.

Step 2: Narrow the choice of resources to match the decisions made by your school. Check the following:

- which stage/s does your school offer – Stage1, 2 or 3 or P units?
- which units are being offered – PA and PB, 1A and 1B, 1C and 1D, 2A and 2B, 3A and 3B?
- which units are being taught this semester/year?
- what is the focus of the units being taught?
- what are the context/s being taught?
 - there are no contexts for this course

Step 3: Some of these resources may be in your school. Check your library and the relevant learning area library.

Step 4: Check if the course has set texts

There are no set texts for this course.

The following links will direct you to websites outside the School Curriculum and Standards Authority site. The Authority has no control over the content of materials accessible on the sites that are cross-referenced. It is the responsibility of the user to make decisions about the relevance and accuracy, currency and reliability of information found on these websites. Linking to these sites should not be taken as endorsement of any kind. We cannot guarantee that the links will work all of the time and we have no control over availability of the linked pages. It is your responsibility to check that this information is accurate.

Professional associations

- The Australian Council for Health, Physical Education and Recreation (ACHPER)
<http://www.achper.org.au/>
A leading professional association for professionals working in the fields of health, physical education, human movement studies, sport, recreation, dance and community fitness. ACHPER works collaboratively with government and non-government organisations to advocate active and healthy living. They also provide professional learning for teachers and resources to support the implementation of health and physical activity programs.

Journals

- Asia-Pacific Journal of Health, Sport and Physical Education
Available as part of membership to ACHPER. Focuses on social science research based-articles that make reference to practice focused research within the fields of health, sport and physical education. Published three times per year.

PART 2: PRINT RESOURCE LIST

Books

- AMERZDROZ, G., DICKENS, S., HOSFORD, G., & STEWART, T. (2010). *Queensland Senior Physical Education*. Macmillan Education Australia Pty Ltd: South Yarra.
ISBN 9781420229431
- ARKINSTALL, M., DAWSON, T., JOHNSON, C., SINCLAIR, P., & ZAHRA, M. (2010). *Macmillan VCE Physical Education 1*. Macmillan Education Australia Pty Ltd: Victoria.
ISBN 9781420229813
- ARKINSTALL, M., DAWSON, T., JOHNSON, C., SINCLAIR, P., & ZAHRA, M. (2010). *Macmillan VCE Physical Education 2*. Macmillan Education Australia Pty Ltd: Victoria.
ISBN: 9781420229820
- ARKINSTALL, M., DAWSON, T., JOHNSON, C., SINCLAIR, P., & ZAHRA, M. (2010). *Macmillan VCE Physical Education 2 TRB*. Macmillan Education Australia Pty Ltd: Victoria.
ISBN 9781420230161
- CLARKE, D., BUCHANAN, D., FRAZIER, S., LUBANS, D., KELTY, T., & BRAKE, N. (2008). *Sports Science for Australian Schools*. Macmillan Education Australia Pty Ltd.
ISBN: 9781420228809
- CLARKE, D., BUCHANAN, D., FRAZIER, S., LUBANS, D., KELTY, T., & DAVIS, A., & JOHNSON, C. (2010). *Macmillan VCE Physical Education 1 TRB*. Macmillan: Victoria.
ISBN 9781420230031
- DAVIS, B., ROSCOE, J., ROSCOE, D., & BULL, R. (2005). *Physical Education and the study of sport*. 5th edition. Elsevier Limited: United Kingdom. ISBN 0723433755
- GAUGERS, R. (2010). *Physical Education Studies: A resource for Units 2A–2B*. Impact Publishing: Cottesloe, Western Australia. ISBN 9781921734380
- HEBERLE, M., & MIDDLETON, C. *Physical Education Studies: A resource for Units 3A–3B*. Impact Publishing: Cottesloe, Western Australia. ISBN 9781921734465
- HEDE, C., RUSSELL, K., & WEATHERBY, R. (2011). *Senior Physical Education for Queensland*. Oxford University Press: South Melbourne. ISBN 9780195573862
- KNUDSON, D. (2003). *Fundamentals of Biomechanics*. Plenum Publishers: New York. ISBN 0306474743
- MALPELI, R. & TELFORD, T. (2011). *Phys Ed Notes, Units 3 and 4*. Cengage Learning Australia Pty Ltd. ISBN 9780170191787
- MALPELI, R. & TELFORD, A. (2011). *Physical Education Exams, VCE Units 3 and 4*. Cengage Learning Australia Pty Ltd. ISBN 9780170190770
- MARTIN, S. (2011). *WA Physical Education Studies 1A–1B*. ISBN 9780987083210
- MARTIN, S. (2011). *WA Physical Education Studies 1C–1D*. ISBN 9780987083227

MCPARTLAND, D., PREE, A., MALPELI, R., & TELFORD, A. (2010). *Nelson Physical Education for Western Australia 2A–2B*. Cengage Australia: South Melbourne.
ISBN 9780170182027

MCPARTLAND, D., PREE, A., MALPELI, R., & TELFORD, A. (2010). *Nelson Physical Education for Western Australia 3A–3B*. Cengage Australia: South Melbourne.
ISBN 9780170182034

SMYTH, D., JUDGE, W., O'KEEFFE, SHEPHERD, F., FLOUCH, M., & O'ROURKE, K. (2010). *Live it up 1 VCE Physical Education Units 1 and 2*. John Wiley and Sons: Victoria.
ISBN 9781742461298

SMYTH, D., JUDGE, W., O'KEEFFE, O'ROURKE, K., FLOUCH, M., & SHEPHERD, F. (2010). *Live it up 2 VCE Physical Education Units 3 and 4*. John Wiley and Sons: Victoria.
ISBN 9781742461366

WHIPP, P., ELLIOTT, B., GUELF, K., DIMMOCK, J., LAY, B., LANDERS, G., & ALDERSON, J. (2010). *Physical Education Studies 3A–3B*. UWA Publishing: Crawley, Western Australia.
ISBN 9781742582764

WHIPP, P., ELLIOTT, B., GUELF, K., DIMMOCK, J., LAY, B., LANDERS, G., & ALDERSON, J. (2010). *Physical Education Studies 2A–2B*. UWA Publishing: Crawley, Western Australia.
ISBN 9781921401664

PART 3: WEB RESOURCE LIST

Australian Council for Health, Physical Education and Recreation (ACHPER) Australia

<http://www.achper.org.au/>

ACHPER represents professionals working in the health and physical education fields. The website contains links to resources (including the Healthy Lifestyles Bookshop), conference/professional learning opportunities and state branches.

Australian Sports Anti-doping Authority (ASADA)

<http://www.asada.gov.au/>

The web site of the Australian Anti-Doping Authority which aims to protect Australia's sporting integrity through the elimination of doping. Includes information about drug testing and prohibited substances.

Australian Institute of Sport (AIS)

<http://www.ausport.gov.au/>

The AIS is Australia's premier sports training institute. The function, purpose and history of the AIS are outlined. The website also contains comprehensive information and resources about sports nutrition.

Australian Sports Commission

<http://www.ausport.gov.au>

The Australian Sports Commission (ASC) is a statutory authority of the Australian government. The Australian Institute of Sport is a key component of the Commission. This site contains information for coaches, athletes, clubs, officials, students, teachers, event organisers and the general public.

BBC Bitesize (Physical Education)

<http://www.bbc.co.uk/schools/gcsebitesize/pe/>

Includes students activities based on revision topics for the GCSE Physical Education course.

Board of Studies (NSW)

<http://www.boardofstudies.nsw.edu.au/>

Contains support materials (including assessment and examination materials) for the NSW Personal Development, Health and Physical Education Higher School Certificate course.

BrianMac: Sports Coach

<http://www.brianmac.co.uk/index.htm>

Includes information on a number of topics related to developing the physical and mental condition of athletes. Is relevant for students and teachers as a useful research site.

Sports Medicine Australia (SMA)

<http://sma.org.au/>

SMA is the peak body for sports medicine and sports science. The website includes resources (including helpful fact sheets), publications and information about upcoming conferences/events.

Teach PE

<http://www.teachpe.com/index.php>

Includes some content information relevant to the General Certificate of Secondary Education Physical Education course (from the United Kingdom). There is some crossover between this content information and content within the WACE PES course.

The Physics Classroom

<http://www.physicsclassroom.com/>

Includes tutorials and teacher activities around a range of physics topic areas including Newton's Laws, balance and momentum.

Victorian Curriculum and Assessment Authority (VCAA)

<http://www.vcaa.vic.edu.au/index.html>

Contains support materials (including past examination papers and reports) for the Victorian Certificate of Education Physical Education senior secondary course.

PART 4: MULTIMEDIA RESOURCE LIST

Title	Skill Acquisition for Sports Performance
Resource type	DVD
Place of production	Australia
Year	2010
Time	23 minutes

Title	Improving Performance
Resource type	DVD
Place of production	Australia
Year	2010
Time	20 minutes

Title	The Coach
Resource type	DVD
Place of production	Australia
Year	2010
Time	22 minutes

Title The Body in Motion: Fitness, Skill and Training
Resource type DVD
Place of production Australia
Year 2010
Time 26 minutes

Title The Body in Motion: Influences on Movement
Resource type DVD
Place of production Australia
Year 2010
Time 25 minutes

Title Anatomy
Resource type DVD
Place of production Australia
Year 2010
Time 27 minutes

Title Evaluating a Training Program
Resource type DVD
Place of production Australia
Year 2010
Time 28 minutes

Title Good Coach, Bad Coach
Resource type DVD
Place of production Australia
Year 2008
Time 21 minutes

Title F.A.P. – Energy Systems
Resource type DVD
Place of production Australia
Year 2003
Time 19 minutes

Title F.A.P. – Nutrition and Sport
Resource type DVD
Place of production Australia
Year 2004
Time 31 minutes

Title F.A.P. – Psychological Factors
Resource type DVD
Place of production Australia
Year 2005
Time 25 minutes

Title F.A.P. – Skill Acquisition Part One
Resource type DVD
Place of production Australia
Year 2004
Time 24 minutes

Title F.A.P. – Skill Acquisition Part Two
Resource type DVD
Place of production Australia
Year 2004
Time 30 minutes

Title F.A.P. – Training
Resource type DVD
Place of production Australia
Year 2003
Time 19 minutes

Title Biomechanics of the Body
Resource type DVD
Place of production Australia
Year 2008
Time 27 minutes

Title Food for Sports Performance
Resource type DVD
Place of production Australia
Year 2007
Time 26 minutes

Title The Biomechanics of Throwing
Resource type DVD
Place of production Australia
Year 2003
Time 28 minutes

Title All Systems Go!
Resource type DVD
Place of production Australia
Year 2001
Time 30 minutes

Title Nutrition and Physical Activity
Resource type DVD
Place of production Australia
Year 2006
Time 28 minutes

Title Training Awareness
Resource type DVD
Place of production Australia
Year 2006
Time 33 minutes

Title Training Principles
Resource type DVD
Place of production Australia
Year 2006
Time 28 minutes

Title Recovery from Exercise
Resource type DVD
Place of production Australia
Year 2005
Time 25 minutes

Title In Focus
Resource type DVD
Place of production Australia
Year 2003
Time 23 minutes

Title Acquiring Skills
Resource type DVD
Place of production Australia
Year 2002
Time 24 minutes

Title Biomechanics
Resource type DVD
Place of production Australia
Year 2002
Time 25 minutes

Title eTeaching
Resource type Interactive program for teacher use with a computer and projector or site license can be purchased for student use
Place of production Australia
Year 2009

Title Physical Education Studies: Support materials for practical examinations (set of 14) *
Resource type DVD
Place of production Australia
Year 2009

* These DVDs are available for purchase as a set from the School Curriculum and Standards Authority