



Government of **Western Australia**
School Curriculum and Standards Authority



HEALTH STUDIES

GENERAL COURSE

Externally set task

Sample 2016

Note: This Externally set task sample is based on the following content from Unit 3 of the General Year 12 syllabus.

Consumer health

- definition of, and skills required for health literacy
 - accessing, reading and comprehending health information
 - engaging in self-care and disease management
- factors influencing use of health products and services
 - media
 - transport
 - cost
 - consumer confidence

Actions and strategies

- action areas of the *Ottawa Charter*
 - building healthy public policy
 - developing personal skills
 - creating supportive environments
 - strengthening community action
 - reorienting health services

In future years, this information will be provided late in Term 3 of the year prior to the conduct of the Externally set task. This will enable teachers to tailor their teaching and learning program to ensure that the content is delivered prior to the students undertaking the task in Term 2 of Year 12.

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Health Studies

Externally set task

Working time for the task: 60 minutes

Total marks: 30 marks

Weighting: 15% of the school mark

Iman is feeling tired and has sore muscles and joint pain. He enters his symptoms in an online search and this returns millions of hits.

1. Identify and explain **five (5)** ways Iman can check the reliability and quality of online health information as he researches his symptoms.

(10 marks)

After some preliminary research, Iman decides to visit a doctor to discuss his symptoms.

- 2. Describe **five (5)** skills that Iman can use to ensure that he receives the best care that is possible. **(5 marks)**

Iman lives in an urban area where there are many local doctors and other health services to choose from. However not all Australians are able to access appropriate health care services in order to prevent poor health and manage illness.

- 3. Identify **three (3)** factors which influence a person’s ability to access good quality health services. Describe how each factor limits or restricts access. **(6 marks)**

- 4. Choose **three (3)** *Ottawa Charter* action areas. Describe how each action area can contribute to improving access to vital health care services.

(9 marks)
