



ATAR course examination, 2017

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Netball

Time allowed

Warm up: 30 minutes
Skills and Drills: 75 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Netball

To be provided by the candidate

Non-marking athletic shoes

Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of total exam
Skills performance	30	15
Conditioned performance	20	15
Total		30

Instructions to candidates

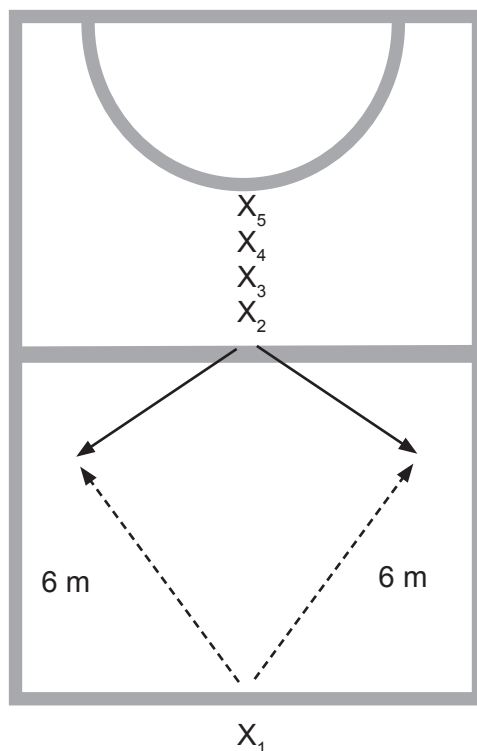
1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.
6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2017* document.

SECTION ONE – Skills Performance

1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Shoulder pass	Lob pass	Dodge	Outside foot land and pivot	3 feet (0.9m) recovery

Drill #1: Shoulder pass



Key:

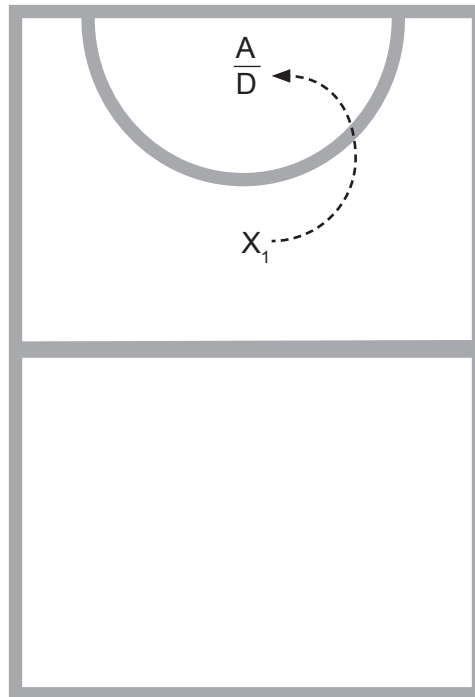
X	= player
O	= feeder
△	= marker
————→	= player movement
- - - - ->	= ball movement

Drill description:

1. Player X_1 stands behind the transverse line in a central position. All other players set up in a line behind the opposite transverse line in a central position.
2. Player X_2 makes a lead into the centre third and to the left side for player X_1 to pass the ball.
3. Player X_1 executes a shoulder pass to player X_2 over a distance of 6m.
4. The ball is returned to player X_1 .
5. The lead then takes place on the other side. Player X_3 makes a lead into the centre third and to the right side for player X_1 to pass the ball. Player X_1 executes a shoulder pass to player X_3 .
6. Players leading for the pass need to make a strong lead with intensity.

See next page

Drill #2: Lob pass



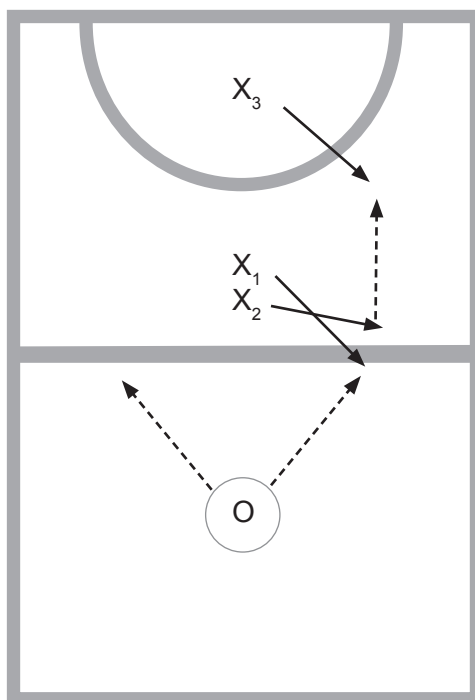
Key:

X	= player
O	= feeder
△	= marker
————→	= player movement
- - - - ->	= ball movement

Drill description:

1. There are 3 players involved in the drill – Player X₁ performing the lob pass, Attacker (A) and a Defender (D).
2. Player X₁ with the ball attempts to pass the ball by using a lob pass to the Attacker.
3. Attacker starts behind the Defender and can only receive the ball behind the Defender.
4. Defender is allowed to contest the pass.
5. The attacking player must vary their position (movements to left and right) to receive the lob pass.

Drill #3: Dodge, Outside foot land and pivot, 3 feet (0.9 m) recovery



Key:

X	= player
O	= feeder
△	= marker
→	= player movement
- - - - ->	= ball movement

Drill description:

1. Set up in the centre third of the court with feeder (O) in the centre circle.
2. Player X₁ (attacker) and player X₂ (defender) start behind transverse line with player X₂ positioned in front of player X₁.
3. Player X₁ executes a dodge against player X₂ and leads to the right or left into the centre third.
3. The feeder passes the ball to player X₁ who catches the ball using an outside foot land and pivot.
4. Player X₂ must follow the lead of player X₁ and then execute a defensive position demonstrating 3 feet (0.9 m) recovery after player X₁ has caught the ball.
5. Player X₃ then makes a lead and receives a pass from player X₁.
6. Player X₁ must lead to the left and right to demonstrate outside foot land and pivot on both sides of the court.

See next page

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Half court
SPECIFY NUMBER OF PLAYERS	4 vs 4 Offence: GS, GA, WA, C Defence: GK, GD, WD, C
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Creating a scoring shot from a centre pass.
SPECIFY ROLES OR GOALS OF PLAYER(S)	No special notes
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Normal position rules apply. Change offence and defence after 5 minutes.

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*Published by the School Curriculum and Standards Authority of Western Australia
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CANNINGTON WA 6107*