PHYSICAL EDUCATION STUDIES

Practical (performance) examination
Soccer

Time allowed
Warm up: 30 minutes
Skills and drills: 60 minutes

Materials required
To be provided at the venue
Non-personal equipment required for Soccer

To be provided by the candidate
Shin guards, enclosed shoes or boots
Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

Criteria for marking the practical (performance) examination

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Marks available</th>
<th>Percentage of practical examination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skills performance</td>
<td>30</td>
<td>50</td>
</tr>
<tr>
<td>Conditioned performance</td>
<td>20</td>
<td>50</td>
</tr>
<tr>
<td>Total</td>
<td>100</td>
<td>100</td>
</tr>
</tbody>
</table>

Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport’s governing body.

2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or a white shirt for the examination.

3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.

4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and you will be directed to a supervised warm up area.

5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

6. You must follow the requirements for this examination published in the Physical Education Studies ATAR course Practical (performance) examination requirements 2019 document.
### SECTION ONE – Skills Performance

1. Skills set (30 marks)

<table>
<thead>
<tr>
<th>Skill 1</th>
<th>Skill 2</th>
<th>Skill 3</th>
<th>Skill 4</th>
<th>Skill 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dribbling</td>
<td>Long lofted pass</td>
<td>Shooting</td>
<td>Control – low ball</td>
<td>Short pass</td>
</tr>
</tbody>
</table>
Drill #1: Dribbling, Long lofted pass

Key:
- \( \text{X} \) = player
- \( \text{O} \) = feeder
- \( \Delta \) = marker
- \( \rightarrow \) = player movement
- \( \rightarrow \rightarrow \rightarrow \) = ball movement
- = target area

Drill description:

1. Player \( \text{X} \), dribbles the ball around the left side of marker 1.
2. Player \( \text{X} \), continues to dribble around the markers.
3. With the ball still in motion, Player \( \text{X} \), performs a long lofted pass on an angle over a distance of 25 m to a feeder \( \text{O} \) positioned in the target area just outside the penalty area.
4. Left foot players perform this drill on the opposite sideline.
Drill #2: Shooting

Drill description:

1. Player $X_1$ dribbles from marker A to marker B and passes to feeder $O$.
2. Feeder $O$ makes a low pass back to player $X_1$.
3. Player $X_1$ controls the low pass and moves to the edge of the penalty area.
4. Player $X_1$ shoots at goal aiming for the target areas A and B.
5. Players rotate through controlling a low pass and shooting for goal.
6. Players can take the shot at goal using right or left foot.
Drill #3: Short pass, Control-low ball

Drill description:
1. Player $X_1$ dribbles toward marker A.
2. Player $X_1$ makes a short pass to $X_2$.
3. Player $X_2$ controls low pass.
4. Player $X_2$ dribbles toward marker B.
5. Player $X_2$ makes a short pass to player $X_3$.
6. Player $X_3$ continues the drill.

Key:
- $X$ = player
- $O$ = feeder
- $\Delta$ = marker
- $\rightarrow$ = player movement
- $\rightarrow$ = ball movement
- $\square$ = target area
## SECTION TWO – Conditioned Performance

### (20 marks)

<table>
<thead>
<tr>
<th>SCENARIO PLANNING</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DEFINE PLAYING AREA OR BOUNDARIES</strong></td>
<td>Length is equivalent to two penalty boxes. Width is to the edges of the penalty area. One goal</td>
</tr>
<tr>
<td><strong>SPECIFY NUMBER OF PLAYERS</strong></td>
<td>4 v 4</td>
</tr>
<tr>
<td><strong>SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED</strong></td>
<td>Create and defend scoring opportunities.</td>
</tr>
</tbody>
</table>
| **SPECIFY ROLES OR GOALS OF PLAYER(S)** | Four players from offence attempt to score a goal against four players from defence.  
- Attackers will start play outside the penalty area.  
- Defensive players must start play at the top of the penalty box.  
- Play commences with a feed from the half way to one of the attackers.  
- The attacker must take immediate control.  
- Defensive players cannot move until the attacker has taken their first touch.  
- Play continues until the ball is out or after a shot on goal.  
- Players then set up and re start play again.  
- Defence attempts to restrict attacking plays and/or win the ball and get it over half way back to the feeder. The attacking side should try and regain possession. |
| **SPECIFY OPTIONS, RULES &/OR RESTRICTIONS** | Change offence and defence after 5 minutes. |