



ATAR course examination, 2019

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Tennis

Time allowed

Warm up: 30 minutes
Skills and drills: 60 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Tennis

To be provided by the candidate

Tennis racquet, enclosed shoes suitable for a hard surface

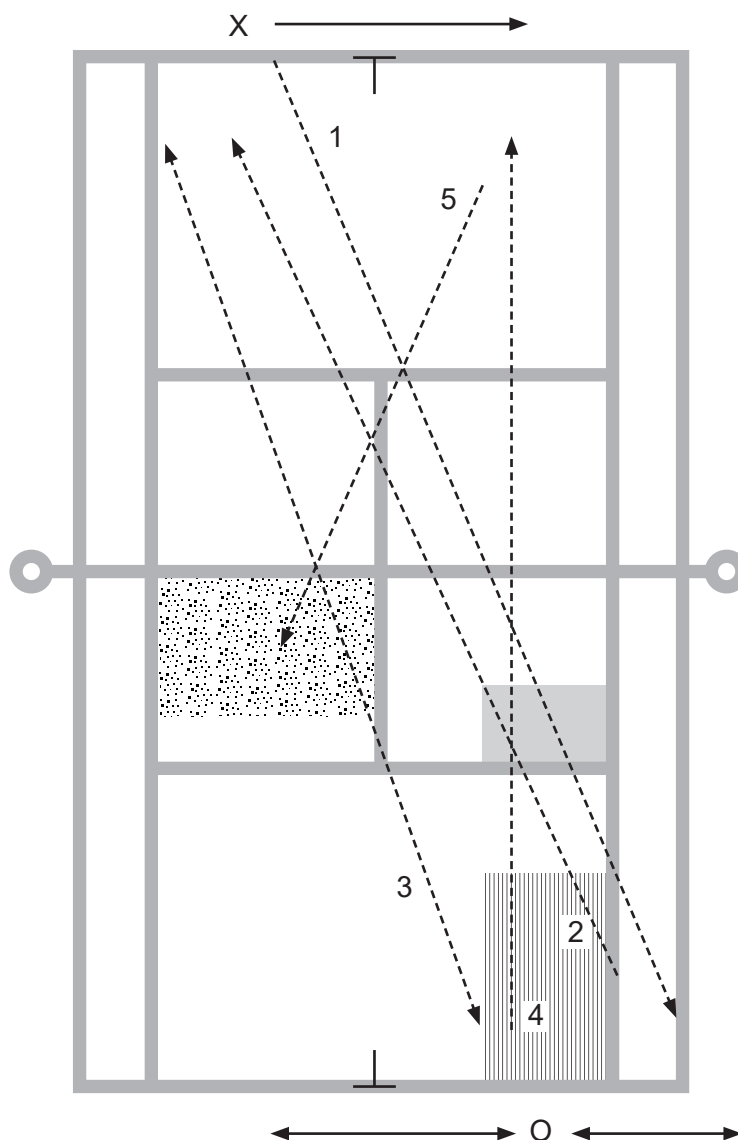
SECTION ONE – Skills Performance

1. Skills set

(30 marks)

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Serve-slice	Forehand ground stroke	Backhand drop shot	Overhead	Net volley backhand and forehand

Drill #1: Serve-slice, Forehand ground stroke, Backhand drop shot



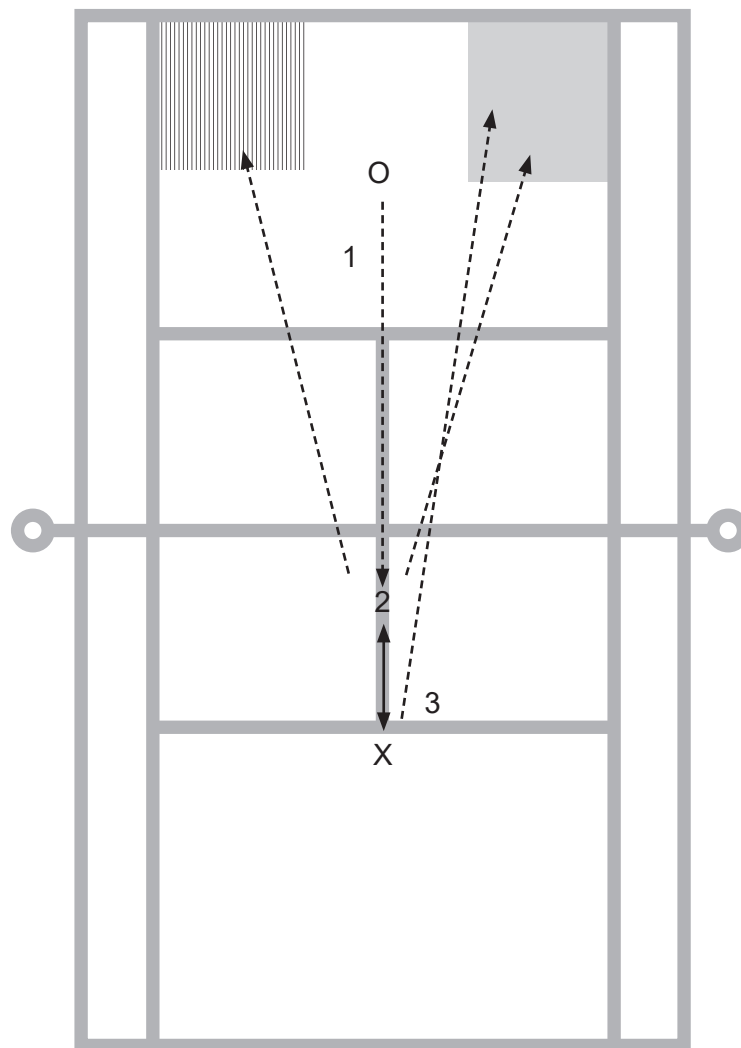
Key:	X	= player	----->	= ball movement
	O	= feeder	■	= target area 1
	△	= marker		= target area 2
	→	= player movement	= target area 3
	→	= feeder movement		

Drill description:

1. Player hits a slice serve into the target area 1 on the deuce side of the court.
2. Feeder returns with a cross-court forehand.
3. Cross-court forehand rally then occurs with the player hitting three cross-court forehand shots into target area 2.
4. Feeder then hits a forehand down the line.
5. Player then hits a backhand drop shot cross-court into the target area 3.
6. Perform drill on the opposite side for left-handed players.

See next page

Drill #2: Overhead, Net volley



Key:

X	= player
O	= feeder
△	= marker
→	= player movement
→	= feeder movement
- - - - - →	= ball movement
■	= overhead target area
	= volley target area (2)

Drill description:

1. Feeder O feeds the player X a net volley 3 times.
2. Player X approaches forward towards the net and performs a net volley into either the overhead or volley target area 3 times.
3. Feeder O feeds player X a lob, player X retreats to service line and performs an overhead shot into the overhead target area.

See next page

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Full court
SPECIFY NUMBER OF PLAYERS	2 versus 2 (doubles play)
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Play out points in a doubles match format.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Groups of four(4) as allocated by Team Leader. Players matched to opponents of similar ability. Players demonstrate skills and tactics for each unique situation.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	No special rules apply.

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