

# **Health Studies**

## **Resource lists—Combined**

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**Disclaimer**

Any resources such as texts, websites and so on that may be referred to in this document are provided as examples of resources that teachers can use to support their learning programs. Their inclusion does not imply that they are mandatory or that they are the only resources relevant to the course.

# Health Studies

## RESOURCE LISTS—COMBINED

This list of resources was prepared using the advice provided by the Course Advisory Committee.

This list is prepared in the following parts:

### **PART 1: INTRODUCTION/SELECTION PROCESS**

### **PART 2: PRINT RESOURCE LIST**

### **PART 3: WEB RESOURCE LIST**

### **PART 4: MULTIMEDIA RESOURCE LIST**

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### **PART 1: INTRODUCTION/SELECTION PROCESS**

#### **Selection guidelines**

The selection of resources is the responsibility of each school and the following points need to be considered at all times:

- The lists are recommendations only and are not exhaustive. Each school should decide on specific titles for their students in consultation with their school community and sector guidelines.
- Some courses have set texts. Check the current syllabus.
- The recommended resources are to be used to support teaching and learning only and not as a substitute for the syllabus; the syllabus is what is used to develop examination questions and all teaching should be directly linked to the syllabus.
- Any selection process requires the use of the current syllabus. Syllabus documents are subject to changes. Users who download and print copies of a syllabus are responsible for checking for updates. Advice about any changes made is provided through the School Curriculum and Standards Authority communication process.
- The perspectives and views expressed in the resources are not endorsed as such but are provided for classroom discussion and comparison within the context of appropriate teaching and learning activities. Some resources need to be used with sensitivity and care.

#### **Types of resource lists**

The following resource lists are provided for this course: Introduction which includes Guidelines, Process, Professional Associations/Suppliers and Journals; Print materials; Multimedia; Websites and a combined list for printing.

#### **Selection process**

##### **Step 1: Read the current syllabus**

Check the School Curriculum and Standards Authority website to see if you have the current syllabus; check Authority communications to see if any minor changes have been made.

**Step 2:** Narrow the choice of resources to match the decisions made by your school. Check the following:

- which stage/s does your school offer – Stage 1, 2 or 3 or P units?
- which units are being offered – 2A and 2B, 3A and 3B ?
- which units are being taught this semester/year?
- what is the focus of the units being taught?
- what are the context/s being taught?

**Step 3:** Some of these resources may be in your school. Check your library and the relevant learning area library.

**Step 4: Check if the course has set texts**

There are no set texts for this course.

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The following links will direct you to websites outside the School Curriculum and Standards Authority site. The Authority has no control over the content of materials accessible on the sites that are cross-referenced. It is the responsibility of the user to make decisions about the relevance and accuracy, currency and reliability of information found on these websites. Linking to these sites should not be taken as endorsement of any kind. We cannot guarantee that the links will work all of the time and we have no control over availability of the linked pages. It is your responsibility to check that this information is accurate.

### Professional Associations

- The Australian Council for Health, Physical Education and Recreation (ACHPER)  
<http://www.achper.org.au/>

A leading professional association for professionals working in the fields of health, physical education, human movement studies, sport, recreation, dance and community fitness. ACHPER works collaboratively with government and non-government organisations to advocate active and healthy living. They also provide professional learning for teachers and resources to support the implementation of health and physical activity programs.

- Australian Health Promotion Association  
<http://www.healthpromotion.org.au/>

The national association for people interested in the practice, research and study of health promotion. The state branch aims to improve the health status of Western Australians by making health promotion a priority and building leadership capacity among members.

### Journals

- Asia-Pacific Journal of Health, Sport and Physical Education  
<http://achper.org.au/publications/asia-pacific-journal-of-health-sport-and-physical-education>

Available as part of membership to ACHPER. Focuses on social science research based-articles that make reference to practice focused research within the fields of health, sport and physical education. Published three times per year.

- The Health Promotion Journal of Australia  
<http://healthpromotion.org.au/>

Available as part of membership to the Australian Health Promotion Association. This peer reviewed journal facilitates communication between researchers, practitioners and policy makers involved in health promotion and features articles, brief reports, editorials, perspectives of interest, book reviews and letters. Published three times per year.

## PART 2: PRINT RESOURCE LIST

### Books

BEAUMONT, A., MARSH, L., PANETTA, A., FETTLING, M. (2010). *Key concepts in VCE Health and Human Development*, Units 1 and 2. John Wiley & Sons Ltd: Queensland.

ISBN 9780730337980

BEAUMONT, A., MARSH, L., PANETTA, A., FETTLING, M. (2010). *Key concepts in VCE Health and Human Development*, Units 3 and 4. John Wiley & Sons: Queensland.

ISBN 9780730338031

DONOVAN, R., & EGGER, G. (2004). *Health promotion strategies and methods*. McGraw-Hill: Australia.

ISBN 9780074715000

GUNSTONE, H., ROY, E., & COMPTON, L. (2009). *Journey through health and human development*, 3rd edition. VCE Units 1 and 2. Pearson Education: Victoria.

ISBN 9781442505506

GUNSTONE, H., ROY, E., & COMPTON, L. (2009). *Journey through health and human development*, 3rd edition. VCE Units 1 and 2. Pearson Education: Victoria.

ISBN 9781442518834

GUNTHER, L., KUEN, A., & WARREN, C. (2009). *VCE Health and human development*, Units 1 & 2. Oxford University Press: Australia.

ISBN 9780195563122

GUNTHER, L., KUEN, A., & WARREN, C. (2009). *VCE Health and human development*, Units 3 & 4. Oxford University Press: Australia.

ISBN 9780195563139

LOCKHART, E. (2010). *Health Studies Stage 1A–B*. Print Publishing: Perth.

ISBN 9780980709902

LOCKHART, E. (2010). *Health Studies Stage 1C–D*. Print Publishing: Perth.

ISBN 9780980709926

LOCKHART, E. (2010). *Health Studies Stage 2A–B*. Print Publishing: Perth.

ISBN 9780980709919

LOCKHART, E. (2010). *Health Studies Stage 3A–B*. Print Publishing: Perth.

ISBN 9780980709919

MATTHEWS, F., & STONE, D. (2009). *Achieving health and human development*, 2nd edition, Units 1 and 2. Macmillan: Australia.

ISBN 9781420229455

PROCTOR, K., & RUSKIN, R. (2010). *Active outcomes 1: PDHPE Stage 4*. John Wiley & Sons Ltd: Australia.

ISBN 9781742462011

PROCTOR, K., & RUSKIN, R. (2010). *Active outcomes 2: PDHPE Stage 5*. John Wiley & Sons Ltd: Australia.

ISBN 9781742462066

RUSKIN, R., FITZGIBBON, L., & NEEVES, D. (2009). *Outcomes 1 Preliminary course*, 3rd edition. John Wiley & Sons. Australia.  
ISBN 9781742160108

RUSKIN, R., PROCTOR, K., & HARPER, K. (2009). *Outcomes 2 HSC course*, 3rd edition. John Wiley & Sons. Australia.  
ISBN 9781742160818

SMITH, K., MARSHALL, B., & SMITH, L. (2009). *Achieving health and human development*, 2nd edition Units 3 and 4. Macmillan: Australia.  
ISBN 9781420229462

### **Books—Spinney Press**

HEALEY, J. (2009). *The obesity epidemic*. The Spinney Press: Australia.  
ISBN 9781921507038

HEALEY, J. (2010). *Understanding mental illness*. The Spinney Press: Australia.  
ISBN 9781921507137

HEALEY, J. (2010). *Infectious disease*. The Spinney Press: Australia.  
ISBN 9781921507175

HEALEY, J. (2009). *Managing stress*. The Spinney Press: Australia.  
ISBN 9781920801953

HEALEY, J. (2008). *Women's health and wellbeing*. The Spinney Press: Australia.  
ISBN 9781920801854

HEALEY, J. (2008). *Men's health and wellbeing*. The Spinney Press: Australia.  
ISBN 9781920801847

HEALEY, J. (2007). *Asthma*. The Spinney Press: Australia.  
ISBN 9781920801779

HEALEY, J. (2007). *Resilience and coping skills*. The Spinney Press: Australia.  
ISBN 978 1 920801 70 0

HEALEY, J. (2007). *Teen health*. The Spinney Press: Australia.  
ISBN 9781920801670

HEALEY, J. (2007). *Diabetes*. The Spinney Press: Australia.  
ISBN 9781920801601

HEALEY, J. (2007). *Cancer awareness*. The Spinney Press: Australia.  
ISBN 9781920801540

HEALEY, J. (2007). *The health of Indigenous Australians*. The Spinney Press:  
Australia.  
ISBN 9781921507199

HEALEY, J. (2007). *Indigenous disadvantage*. The Spinney Press: Australia.  
ISBN 9781920801816

HEALEY, J. (2007). *World poverty*. The Spinney Press: Australia.  
ISBN 9781920801472

## Content Specific Information — Online Print Material

### World Health Organisation Charters

- World Health Organisation. (2008). *The Ottawa Charter for Health Promotion*. Retrieved December 9, 2011 from <http://www.who.int/healthpromotion/conferences/previous/ottawa/en/>
- World Health Organisation. (2008). *The Jakarta Declaration on Leading Health Promotion into the 21<sup>st</sup> Century*. Retrieved December 9, 2011 from [http://www.who.int/hpr/NPH/docs/jakarta\\_declaration\\_en.pdf](http://www.who.int/hpr/NPH/docs/jakarta_declaration_en.pdf)

### Health glossaries

- *Encyclopaedia of Public Health (2008)*. Retrieved December 9, 2011 from <http://www.enotes.com/public-health-encyclopedia/>
- World Health Organisation (1998). *Health Promotion Glossary*. Retrieved December 9, 2011 from [http://www.who.int/hpr/NPH/docs/hp\\_glossary\\_en.pdf](http://www.who.int/hpr/NPH/docs/hp_glossary_en.pdf)

### Health literacy

- National Network of Libraries and Medicine. (2008). *Health literacy*. Retrieved December 9, 2011 from <http://nmlm.gov/outreach/consumer/hlthlit.html>

### Australian Health Priorities

- *Australian Institute of Health and Welfare*. (2005). Retrieved December 9, 2011 from <http://www.aihw.gov.au/nhpa/index.cfm>

### Social determinants of health

- World Health Organisation. (2008). *The Solid Facts*. Retrieved December 9, 2011 from <http://www.euro.who.int/document/e81384.pdf>

## PART 3: WEB RESOURCE LIST

1. Australian Bureau of Statistics  
[www.abs.gov.au](http://www.abs.gov.au)  
This website is suitable for all Health Studies courses, Stages 1–3. It provides epidemiology data and statistics on the health status of Australians. Students can use this site to research the health status of specific populations and Australian communities. The ABS has information in social trends, economic and environmental data as well as information about the Australian population.
2. Australian Institute of Health and Welfare  
[www.aihw.gov.au](http://www.aihw.gov.au)  
This website provides information on health and welfare statistics. This site is also useful for epidemiological data and inquiry tasks involving specific populations, burden of disease and Australian health status. This website contains the link to the National Health Priority Areas which is useful for Stage 2 and 3 courses. It also contains an education section with ready prepared PowerPoint presentations and worksheets on Australian health issues.
3. Australian Department of Health and Ageing  
[www.health.gov.au](http://www.health.gov.au)  
This government website represents the Federal Government health portfolio. This site provides information on the initiatives of the Federal Department of Health and Ageing, including media releases, recent campaigns, health reform, the Federal Budget, immunisation and health events in Australia. It also has links to HealthInsite, social marketing campaigns, PBS and publications and resources.

4. Australian Indigenous Healthinfonet  
[www.healthinfonet.ecu.edu.au](http://www.healthinfonet.ecu.edu.au)  
 Any courses studying Australian population health, local and global inequity, the social justice principles or health reform will find this website useful. It contains health promotion resources, a link to the Australian Indigenous Health Bulletin and A-Z of health issues. It also has information on topics such as cardiovascular health, environmental health, substance use, social and emotional wellbeing and nutrition. The information on this site can link course content areas to the context of indigenous health.
5. ABC Health and Wellbeing  
[www.abc.net.au/health](http://www.abc.net.au/health)  
 This section of the Australian Broadcasting Commission's website is a wealth of information on Australian health topics. This site includes many media releases and news reports, TV and radio stories and a fact file of health information. Students can use this site to conduct inquiry tasks, locate current affairs and up-to-date information about the health issues important to Australians on the link "the pulse".
6. Centre for Health Promotion  
[www.healthpromotion.cywhs.sa.gov.au](http://www.healthpromotion.cywhs.sa.gov.au)  
 This South Australian site allows teachers and students to find evidence-based information and resources about health promotion as well as links to other health promotion sites. The site contains media releases, the latest health promotion news and a glossary on the strategies of health promotion.
7. Medicare Australia  
[www.medicareaustralia.gov.au](http://www.medicareaustralia.gov.au)  
 This Federal Government site provides information for Australians about how the Australian Government makes health care accessible for all. This site is administered by the federal department Human Services. The information in this site will be useful for courses studying social justice, health equity, health reform, the role of legislation and Australian health care systems. Accessing this site will be helpful in seeking information on organ donation, PBS, immunisation, dental health and private health insurance.
8. Private health  
[www.privatehealth.gov.au](http://www.privatehealth.gov.au)  
 This website is useful when investigating health care systems and health reform. This site explains the importance of private health insurance to the Australian Health Care System. It also provides information on the role of legislation on health care and social justice.
9. Health Consumer's Council  
[www.hconc.org.au](http://www.hconc.org.au)  
 The Health Consumers' Council is an independent community based organisation, representing the consumers' voice in health policy, planning, research and service delivery. They advocate on behalf of consumers to doctors, other health professionals, hospitals and the wider health system. This site helps Australians understand health issues, encourage participation in decisions that affect the health system and encourage accountability in the health system to ensure that our money is spent wisely and productively. This site will be useful for study of advocacy, health reform and communication.
10. AusAID  
[www.ausaid.gov.au](http://www.ausaid.gov.au)  
 Stage 3 courses studying the role of AusAID will find this site very informative and helpful. AusAID is the portal of The Australian Agency for International Development and provides information about the international activity of the Australian Government. Of particular interest is the link for teachers, which leads to the useful website "Global Education". This website provides many educational activities and information about international aid, social justice, human rights and equity.



11. UN Millennium Development Goals

[www.un.org/millenniumgoals](http://www.un.org/millenniumgoals)

This website is the official site of the Millennium Development Goals which is a content point in the Stage 3 course. This site also has information on global inequity, community development, social justice, international aid and poverty. This website provides data, statistics, timetables and goals, links to UN action, the worldbank, UNICEF and other UN agencies.

12. World Health Organisation

[www.who.int](http://www.who.int)

This website contains information on health topics suffered around the world, data and statistics, media releases, a profile on each country's health and details of programmes and projects conducted by WHO. Under programmes and projects is a link to health promotion, which contains useful resources such as the Health Promotion Glossary, Health Promotion global conferences and charters (including Ottawa Charter, Bangkok Charter and Jakarta Declaration). Students can also access the Global Health Observatory, which has World Health Statistics, a map gallery and WHO indicators.

13. WA Department of Health

<http://www.health.wa.gov.au/home/>

This website contains information about Western Australia's public health system. It includes current media releases, facilities to find a health service, a list of Health topics A to Z, information for health professionals and current health alerts. Of particular interest for students would be a list of consumer health publications which can be downloaded or ordered online (useful for research purposes), and a health calendar of events which outlines what's on in health for the current year.

#### PART 4: MULTIMEDIA RESOURCE LIST

**Title** Determinants of Health  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2006  
**Time** 25 minutes

**Title** Strategies to Improve Public Health in Australia  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2003  
**Time** 26 minutes

**Title** Variations in Health Status  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2002  
**Time** 28 minutes

**Title** Strategies to Promote the Health of Individuals  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2010  
**Time** 25 minutes

<b>Title</b>	Minimising Health Inequalities <i>Innovative Australian Case Studies</i>
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2010
<b>Time</b>	20 minutes
<b>Title</b>	Australian Lifestyle Diseases One & Two
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2006
<b>Time</b>	25 and 22 minutes
<b>Title</b>	Achieve a Healthy Lifestyle
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2010
<b>Time</b>	25 minutes
<b>Title</b>	How the Australian Health System Works
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2009
<b>Time</b>	23 minutes
<b>Title</b>	Medicare and Private Health Insurance <i>A Look into Australia's Health Care System</i>
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2003
<b>Time</b>	21 minutes
<b>Title</b>	The Development of Public Health in Australia
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2003
<b>Time</b>	24 minutes
<b>Title</b>	Indigenous Health in Australia
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2003
<b>Time</b>	25 minutes
<b>Title</b>	Global Health and Human Development
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2011
<b>Time</b>	20 minutes
<b>Title</b>	Adult Health and Development
<b>Resource type</b>	DVD
<b>Place of production</b>	Australia
<b>Year</b>	2011
<b>Time</b>	21 minutes

**Title** Developing Emotional Competence  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2007  
**Time** 15 minutes

**Title** Developing Personal Values  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2010  
**Time** 16 minutes

**Title** '6'  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2007  
**Time** 45 minutes

**Title** eTeaching health  
**Resource type** Interactive program for teacher use with a computer and projector or site license can be purchased for student use  
**Place of production** Australia  
**Year** 2010

**Title** Health Risks to the World's Young  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2011  
**Time** 22 minutes

**Title** Influences on the Health of Individuals  
**Resource type** DVD  
**Place of production** Australia  
**Year** 2010  
**Time** 18 minutes