School administrators and Heads of Learning Area – Health and Physical Education, and teachers of Outdoor Education ATAR Year 12 are requested to note for 2023 the following minor syllabus changes. The syllabus is labelled 'For teaching from 2023'.

Syllabus changes

The content identified by strikethrough has been deleted from the syllabus and the content identified in *italics* has been revised in the syllabus for teaching from 2023

Expedition

An expedition is defined as at least two days and one night with a non-motorised mode of travel used to move from one campsite to the next. Self-sufficiency refers to the students' ability to meet their own needs as required, without aid, support or interaction with others outside of their expedition group.

To establish optimal teaching, learning and assessment situations for this course, it is required that students participate in at least one expedition, that is a minimum of three days and two nights in a natural environment, be self-sufficient, and include at least one mode of travel.

Unit 3

Expeditions Outdoor adventure activities

Outdoor adventure activities, which can be studied at school and performed while on expedition within the natural environment, contain some kind of risk and are non-competitive

These activities include a mode of travel and may be chosen from but, are not limited to: Fo establish optimal teaching, learning and assessment situations for this unit, it is required that students participate in at least one expedition, that is a minimum of three days and two nights in a natural environment, and be self-sufficient. While on expedition, teachers are encouraged to select one or two outdoor adventure activities. At least one activity must be able to be used as a mode of travel and may be chosen from, but are not limited to:

- bushwalking
- canoeing
- kayaking
- mountain biking
- sailing
- sea kayaking.

Unit 4

Expeditions Outdoor adventure activities

Outdoor adventure activities, which can be studied at school and performed while on expedition within the natural environment, contain some kind of risk and are non-competitive

These activities include a mode of travel and may be chosen from but, are not limited to: Fo establish optimal teaching, learning and assessment situations for this unit, it is required that students participate in at least one expedition, that is a minimum of three days and two nights in a natural environment, and be self-sufficient. While on expedition, teachers are encouraged to select one or two outdoor adventure activities. At least one activity must be able to be used as a mode of travel and may be chosen from, but are not limited to:

- bushwalking
- canoeing
- kayaking
- mountain biking
- sailing
- sea kayaking.

The Expedition requirement has been reduced to at least one per year.

The minimum requirements of the expedition have been revised.

Assessment table

The Assessment table has been revised with the following changes to assessment types:

- Performance in outdoor adventure activities Performance 1: specific to outdoor adventure activity skills and strategies
- Expedition skills Performance 2:specific to expedition
 - Students apply skills and strategies while on expedition with a focus on the mode of travel studied in the course