



ATAR course examination, 2017

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Touch football

Time allowed

Warm up:30 minutesSkills and Drills:75 minutes

Materials required

To be provided at the venue Non-personal equipment required for Touch football

To be provided by the candidate Enclosed shoes or boots free of screw-in studs or cleats

Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	15
Conditioned performance	20	15
	Total	30

Instructions to candidates

- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
- 3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
- 4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.
- 6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2017* document.

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PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

SECTION ONE – Skills Performance

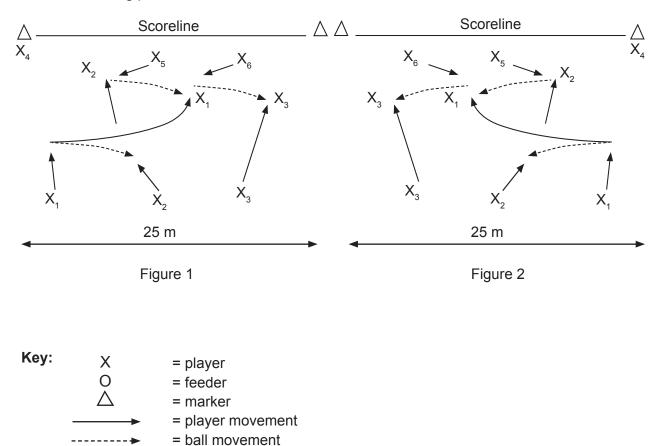
1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Running pass	Catch	Effecting a touch – attacker (dump/roll ball)	Half pass (long ball)	Evading side step

PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

TOUCH FOOTBALL





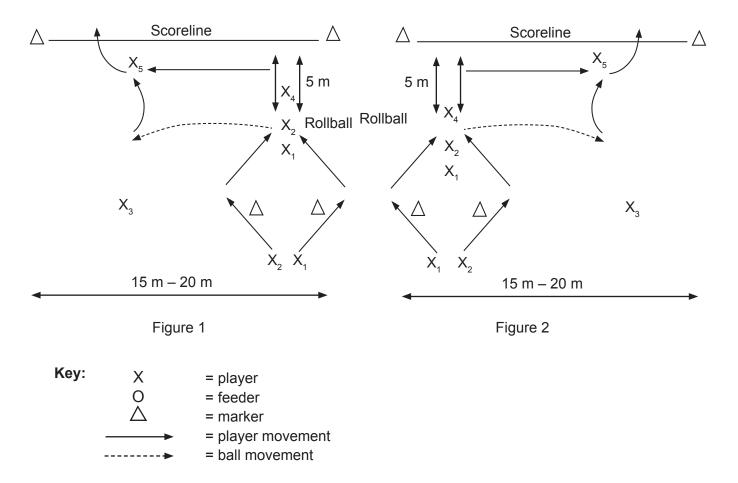
Drill description:

- 1. Player X_1 (attacker) runs a few metres with the ball then executes a running pass to player X_2 (attacker) who receives the ball on the run (catch)
- 2. Player X₂ then straightens into the gap between players X₄ and X₅ (defenders) commits player X₅ then passes (appropriate pass) to player X₁ who is straightening into the gap between players X₅ and X₆ (defenders)
- 3. Player X_1 draws player X_6 and passes to player X_3 (attacker catch) who is running the outside gap.
- 4. Player X_3 evades player X_6 and scores a touchdown.
- 5. Mirror the drill for right to left passing (Fig 2).

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PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

Drill #2: Effecting a touch – attacker (dump/roll ball), Half pass (long ball), Evading side step



Drill description:

- 1. Player X_2 (with the ball) and player X_1 run around the two markers. Player X_2 effects the touch and dumps on player X_4 (defender). Player X_1 moves into position to play acting half.
- 2. Player X_4 retreats 5 m to the marker.
- 3. Player X_1 passes a half pass (long ball) over a distance of 10 m from the ground to player X_3 (attacker)
- 4. Player X₃ receives the ball on the run and moves directly towards player X₅ (defender) then attempts to score over the scoreline without getting touched using an evading sidestep.
- 5. Player X_5 must move off the line towards player X_3 .
- 6. Mirror the drill to allow a left to right pass (Fig 2)

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SECTION TWO – Conditioned Performance

TOUCH FOOTBALL

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	40 m x 50 m
SPECIFY NUMBER OF PLAYERS	4 v 4
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Play a ten minute game from a roll ball in the centre to start
SPECIFY ROLES OR GOALS OF PLAYER(S)	No special role
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Normal Touch Football rules apply

End of examination

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