



# FOOD SCIENCE AND TECHNOLOGY ATAR course examination 2018 Marking Key

Marking keys are an explicit statement about what the examining panel expect of candidates when they respond to particular examination items. They help ensure a consistent interpretation of the criteria that guide the awarding of marks.

**Section One: Multiple-choice** 

15%	(15	Marks)	

Question	Answer
1	а
2	b
3	b
4	С
5	d
6	а
7	d
8	С
9	С
10	b
11	d
12	а
13	а
14	С
15	b

Section Two: Short answer 55% (68 Marks)

Question 16 (8 marks)

(a) Define complete and incomplete proteins. Identify the main food source of each type of protein. (4 marks)

Description		Marks
Defines a complete protein		1
Defines an incomplete protein		1
	Subtotal	2
For each type of protein:		
Identifies the main food source		1–2
	Subtotal	2
	Total	4
Complete proteins	Incomplete proteins	
Proteins that contain all of the Proteins that lack one or more of the		the
essential amino acids	ential amino acids essential amino acids	
ood source: animal foods, soy, quinoa Food source: plant foods		

(b) Describe **two** ways in which vegetarians can obtain an adequate supply of dietary protein. (4 marks)

Description	Marks
For each way in which vegetarians can obtain an adequate supply of dietary p	rotein:
Describes clearly how vegetarians can obtain an adequate supply of dietary	
protein	
States briefly how vegetarians can obtain an adequate supply of dietary	
protein	ı
Total	4
Answers may include but are not limited to the following:	
consume a balanced diet that includes a wide variety of foods	
include grains, cereals and nuts that contain protein	
include soy based foods in the diet	
soy foods contain complete protein	
include soy protein supplements	
soy contains complete protein	
include complementary foods	
between them these contain all of the essential amino acids	
include dairy foods	
dairy contains complete proteins	

Question 17 (7 marks)

(a) Explain how each of **two** functional properties of food cause the dough to rise.

(4 marks)

Description	
For each functional property:	
Explains how the property causes the dough to rise	2
States a fact about how the dough rises	
Total	4

Answers may include but are not limited to the following:

- yeast produces carbon dioxide through the process of fermentation
- carbon dioxide trapped in the dough expands when heated forcing the dough to rise through the process of leavening
- air is trapped in the dough during sifting or kneading
- air trapped in the dough expands when heated forcing the dough to rise through the process of aeration
- when the liquid in the dough is heated it converts to steam
- steam will expand and cause the dough to rise through the process of aeration
- (b) Name the ingredient found in self-raising flour that causes flour mixtures to rise. Explain how this process occurs. (3 marks)

	Description	Marks
Names the ingredie rise	nt found in self-raising flour that causes flour mixtures to	1
Subtotal		1
Explains how this process occurs		2
States briefly how this process occurs		1
Subtotal		2
Total		3
Ingredient	How the process occurs	
Baking powder	<ul> <li>baking powder contains an acid and an alkali or bicar of soda and cream of tartar</li> <li>when these chemicals are heated in the presence of they produce carbon dioxide which causes rising</li> </ul>	
	<ul> <li>when a liquid is added the acid and the base are able combine and produce carbon dioxide.</li> <li>when heated the carbon dioxide expands and causes</li> </ul>	

Question 18 (8 marks)

(a) Explain the difference between value-added foods and functional foods. (4 marks)

	1–4	
	1–2	
States a difference between value-added foods and functional foods, 1 mark for statement of value-added foods and 1 mark for a statement of functional foods.		
Total	4	
Answers may include, but are not limited to the following:		
Value-added foods Functional foods		
processing contain this is done in order to increase the developed to enhance the head		
	processing contain	

(b) Describe **two** methods used by product developers to add value to food products. (4 marks)

Description	
For each method used by product developers to value-add to food products:	
Describes a method	
Identifies a method	
Total	4
Answers may include, but are not limited to the following:	

## Packaging

- · altering the packaging
- to improve shelf life **or** for added convenience **or** to provide product information

## Portion size

- altering the size of portions
- to reduce waste **or** cost

# Product improvement

- · reduction in components harmful to health
- to cater for the health needs of consumers

### Partial preparation

- some preparation is completed prior to sale
- · for added convenience

## Line extensions

- · introduction of additional features to those already on the market
- to increase market share or profits

## Decorating

- adding decorations or garnishes to foods
- · to improve appearance and customer appeal

Question 19 (9 marks)

(a) Define malnutrition.

(1 mark)

Description	Marks
Defines malnutrition	
Total	1

Answers may include, but are not limited to the following:

- deficiency or excess or imbalance of energy, protein and other nutrients
- inadequate nutrient intake that causes measurable adverse effects on body tissue
   or body form or function or clinical diseases
- can encompass both over-nutrition and undernutrition
- (b) Describe how each of **two** Australian population groups may be more likely to suffer from malnutrition than the general population. (4 marks)

	Description		
For each Australian population group:			
	he group is more likely to suffer from malnutrition	2	
	States briefly how group is more likely to suffer from malnutrition 1		
	Total 4		
Answers may in	clude, but are not limited to the following:		
Population	Explanation		
group	·		
Elderly	depression in the elderly		
	leads to the elderly not wanting to consume food		
	poor dentition such as loss of teeth <b>or</b> inability to chew for		
	physically unable to chew food and unable to consume a consum		
	wide variety of food which limits them to a soft <b>or</b> liquid die	et	
	• side effects of medication such as nausea <b>or</b> vomiting <b>or</b>		
	decreased sense of taste <b>or</b> constipation <b>or</b> diarrhoea <b>or</b> impaired		
	swallowing		
	side effects decrease the ability to absorb the nutrients from food		
	suffering from compromised immune system		
	malabsorption can occur due to chronic illness, patients are unable		
	to absorb nutrients from the food they are consuming		
	social isolation such as the loss of a partner <b>or</b> living alone <b>or</b>		
	eating alone		
	lack of social support network to assist elderly person who may		
	have an inability to cook meals <b>or</b> feed themselves		
	<ul> <li>restricted accessibility or mobility</li> </ul>		
	living in a location where they are unable to gain access to public		
	transport <b>or</b> have assistance to shop for food <b>or</b> physically unable		
	to walk for long periods of time in order to shop for food		
Adolescents	diseases such as anorexia nervosa or bulimia nervosa are	e more	
	prevalent in this population group		
	the body is deprived of essential nutrients		
	overconsumption of energy dense foods		
	body missing out on nutrient dense foods needed for grow	th and	
	development during adolescence		
	increased focus on body image		
	results in a limited consumption of essential nutrients or re	estriction	
	of food consumption		

People living in poverty	<ul> <li>lack of accessibility to food</li> <li>reliance on soup kitchens and shelters which can be unpredictable food sources</li> <li>low socioeconomic factors making it difficult to afford nutritious foods</li> <li>purchasing low cost foods which are not nutrient dense to satisfy hunger</li> </ul>
People with chronic illness or terminal diseases	<ul> <li>compromised immune system e.g. cancer patients or coeliac disease</li> <li>malabsorption due to the illness or disease</li> </ul>
People living in rural or remote communities	<ul> <li>more likely to suffer the effects of food insecurity</li> <li>lack of access to affordable fresh fruit and vegetables which may result in poor quality diets of mainly calorie dense, processed foods</li> </ul>

(c) Describe how each of **two** Australian Dietary Guidelines could be used to assist Australians at risk of malnutrition. (4 marks)

For each Australian Dietary Guideline:  Describes how the Australian Dietary Guideline can assist Australians at risk of malnutrition  States briefly how the Australian Dietary Guideline can assist Australians at risk of malnutrition  Total  Answers may include, but are not limited to the following:  Australian Dietary Guideline  To achieve and maintain a healthy weight, be physically active and choose amounts of nutritious food and drinks to meet your energy needs.  Enjoy a wide variety of nutritious foods from these five groups every day.  Enjoy a wide variety of nutritious foods from these five groups every day.  Enjoy a wide variety of nutritious foods from these five groups every day.  It also to assist with malnutrition due to under consumption eat plenty of vegetables, fruit, grain foods, lean meats and poultry, fish, eggs, tofu, nuts and seeds, and legumes/beans, milk, yoghurt, cheese  consuming a diet with a wide variety of foods ensures that a large amount of nutrient intake  Limit intake of foods containing saturated fat and added sugars.  Imit intake of foods with healthier fats such as oils or spreads or nut butters/pastes or avocado  over consumption of foods high in fat can lead to malnutrition later on in life, limiting these foods can assist in consuming odder sugars  imit intake of foods and drinks containing added sugars  consumption of high sugar foods can inhibit the absorption of adequate nutrient levels or excessive salt intake contributes to heart disease	Description			
risk of malnutrition  States briefly how the Australian Dietary Guideline can assist Australians at risk of malnutrition  Total  Answers may include, but are not limited to the following:  Australian Dietary Guideline  To achieve and maintain a healthy weight, be physically active and choose amounts of nutritious food and drinks to meet your energy needs.  Enjoy a wide variety of nutritious foods from these five groups every day.  Enjoy a wide variety of nutritious foods from these five groups every day.  Enjoy a wide variety of nutritious foods from these five groups every day.  Imit intake of foods containing saturated fat and added sugars.  Imit intake of foods over consumption of foods high in saturated fat. Replace high fat foods with healthier fats such as oils or spreads or nut butters/pastes or avocado  Imit intake of foods and drinks containing added salt or limit intake of foods and drinks containing added salt or limit intake of foods can inhibit the absorption of adequate nutrient levels or excessive	For each Australian Dietary Guideline:			
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absorption of adequate nutrient levels <b>or</b> excessive		_	ibit the	
		salt intake contributes to heart disease	2,,5000,70	

Question 20 (8 marks)

(a) Describe **two** current results of climate change that are impacting on the sustainability of food production in Australia. (4 marks)

Description	
For each climate change issue:	
Describes a climate change impact on sustainable food production	2
States briefly a climate change impact on sustainable food production 1	
Total	4

## Answers may include, but are not limited to the following:

- diminishing rainfall resulting in less water available for irrigation
- growing crops becomes dependant on ground water supply which increases salinity reduces the quality of the water supply to crops and livestock
- increased acidification of the soil due to lack of water
- plant growth will have restricted root access to water and nutrients
- land degradation and soil erosion
- soil becomes drier and holds less carbon, plant coverage reduces, exposing the soil to wind and water erosion
- increased temperatures combined with decreased rainfall causes moisture in the soil to decrease making it harder to grow crops
- crops are burnt through unseasonably high temperatures
- · availability of some crops will diminish
- crops will no longer be viable **or** suitable for the changed conditions therefore crops may have to be grown in different regions where the weather is more suitable
- rising sea levels due to increased temperatures are impacting on aquaculture
- fish species are moving into areas where they previously would not have lived due to acidification of the oceans **or** rising sea levels **or** storm surges
- increasing occurrence of natural disasters
- devastates crop production due to incidents such as high rainfall causing flooding or cyclones wiping out whole plantations or bushfires burning crops and pasture used for livestock
- (b) Describe **two** ways in which climate change will affect the price of food. (4 marks)

Description	
For each effect of climate change:	
Describes an effect of climate change on the price of food	2
States an effect of climate change on the price of food	
Total	4

## Answers may include, but are not limited to the following:

## Description

- increased carbon dioxide in the atmosphere
- reduces the protein content in plants which significantly impacts the nutrient content
  of cereal crops and their functional properties or reduces levels of protein in wheat
  effecting bread production
- increased temperatures impacting on dairy farming
- cows are prone to heat stress and produce less milk during high temperatures which may lead to reduced milk supplies and increased cost of milk
- lack of pasture and water due to high temperatures impacts on the health of livestock
- quality and quantity of meat production is reduced which may result in reduced supply of meat to consumers or increased cost
- availability or quality or price of fresh food following a climate change event
- reduces the quantity of crops supplied to the consumer and drives up the cost of the product making particular foods unavailable for several months

Question 21 (10 marks)

(a) Identify **two** benefits of commercially-processed foods. Discuss how each benefit could impact on consumers who live in rural or remote communities in Australia. (6 marks)

Description			
For each benefit:			
Identifies a positive benefit of commercially-processed foods		1	
·	Subtotal	2	
Discusses the benefit of comme rural or remote communities	ercially-processed foods on consumers in	2	
	of commercially-processed foods on	1	
	Subtotal	4	
	Total	6	
Answers may include, but are n	ot limited to the following:		
Positive benefits	Discussion		
Food safety	transport long distances to rural or remote communities can now be transported safe refrigerated trucks  some processed foods require refrigerate	some processed foods require refrigerated transport giving rural and remote communities	
Food availability	consumers have more choice of products that may not be available to them processing increases availability of foods that were only available seasonally		
Extended shelf life	consumers can buy items in bulk bulk buying in bulk reduces the need for people in remote communities having to travel to town frequently to shop		
Convenience  Health	ability to purchase ready-made products that don't require many additional ingredients a wide range of commodities may not always be available in remote communities increased health benefits by having a greater		
	<ul> <li>range of food available</li> <li>foods such as frozen or canned vegetable help to increase intake of nutrients which be available in the form of fresh vegetable</li> </ul>	es will may not es	
Price	<ul> <li>increased cost of transportation of fresh p to rural and remote communities is passe the consumer</li> <li>processed foods may help to reduce the they are easier to transport or store or dis</li> </ul>	d on to	

(b) Describe **two** negative impacts of commercially-processed foods on the health of Australian consumers. (4 marks)

Description		
For each impact:		
Describes a negative impact of commercially-processed foods		2
States a negative impact of commercially-processed food		1
Total		4
Answers may include, but are not limited to the following:		
Discussion		

#### Discussion

- removal of fat and manufacturing processes that reduce healthy fats in products
- reduction in the consumption of healthy fats in the diet which are needed for brain development
- greater availability of high saturated fat or high salt or high sugar foods
- increases the risk of dietary diseases such as diabetes or obesity
- consumption of processed foods can become habitual due to cost or convenience or flavour
- excess consumption can lead to dietary diseases
- often high in complex carbohydrates and refined sugars
- increases the blood sugar and insulin levels in individuals
- some processed foods are low in nutrients
- consumers are eating energy dense foods rather than nutrient dense foods leading to malnutrition by overconsumption of inadequate nutrients or weight gain
- processed foods can be lower in fibre due to processing techniques used to remove the fibre
- consumption of low fibre foods can lead to constipation

## **MARKING KEY**

Question 22 (7 marks)

11

(a) Identify the organisation responsible for the recalling of food products in Australia.

Describe what is meant by the term 'food product recall'. (3 marks)

Description	Marks
Identifies the organisation responsible for 'food product recalls' in Australia	1
Subtotal	1
Provides full description of the term 'food product recall'	2
Provides a brief statement about 'food product recall'	1
Subtotal	2
Total	3
Answers may include, but are not limited to the following:	•
Organisation responsible for food products recalls in Australia:	
FSANZ <b>or</b> Food Standards Australia New Zealand	
Action taken to remove from sale or distribution or consumption foods that ma	y pose
an unacceptable health risk to consumers	

(b) Describe **two** reasons why food may be recalled.

(4 marks)

Description	Marks
For each reason why food may be recalled:	
Describes a reason why food may be recalled	2
States a reason why food may be recalled	1
Total	4
Answers may include, but are not limited to the following:	
goods that are incorrectly labelled and could pose a risk to health	
allergens not being declared on the product	
<ul> <li>pathogens such as listeria or salmonella found in the product</li> </ul>	
pose a health risk especially to pregnant women	
<ul> <li>toxic chemicals or foreign bodies found in the product</li> </ul>	
<ul> <li>pose a serious or an unknown health risk</li> </ul>	

Question 23 (11 marks)

(a) Identify **two** water-soluble vitamins. For each vitamin, provide a function in the body and a food source for it. (6 marks)

	Description		Marks
For each water-soluble vitamin:			
Identifies the vitamin			1
Provides a function of	the vitamin in the body		1
Provides a food source	e of the vitamin		1
		Total	6
	but are not limited to the following:		
Water-soluble vitamin	Function in the body	Food sour	ce
Riboflavin or B2	<ul> <li>healthy skin and eyes</li> <li>metabolism of fat, protein and carbohydrate</li> <li>release of energy from food</li> </ul>	<ul><li>wholegrain brecereals</li><li>dairy foods</li><li>green vegetab</li></ul>	
Folate or B9	<ul> <li>formation of red blood cells</li> <li>production of genetic material in the cells</li> <li>prevention of neural tube defects</li> </ul>	<ul><li>wholegrain brecereals</li><li>dairy foods</li><li>green vegetab</li></ul>	
Cobalamine or B12	<ul> <li>formation of red blood cells</li> <li>metabolism of fat and carbohydrate</li> <li>formation of nerve material</li> </ul>	<ul><li>meat products</li><li>soy products</li><li>dairy products</li></ul>	
Ascorbic acid or Vitamin C	<ul><li>resistance to infection</li><li>wound healing</li><li>assists iron absorption</li></ul>	<ul><li>citrus or berry</li><li>capsicum</li><li>spinach</li></ul>	foods

(b) Describe the dietary intake requirement for water-soluble vitamins. (2 marks)

Description	Marks
Describes the dietary intake requirement for water-soluble vitamins	2
States the dietary intake requirement for water-soluble vitamins	
Total	2
water-soluble vitamins are not stored in the body	
<ul> <li>daily intake of water-soluble vitamins is required as excess intake is excreted</li> </ul>	

(c) Explain the effect of food processing techniques on the water-soluble vitamin content of foods. State how food product developers might overcome this effect. (3 marks)

Description		Marks
Explains the effect of food processing techniques on the water-soluble content of foods		2
States how food product developers may over	vercome this effect	1
	Total	3
Processing techniques:     water-soluble vitamins dissolve in the water used in wet processing methods	<ul><li>How the effect may be overcome:</li><li>by the addition of vitamin supplements</li></ul>	
vitamin content is lost if the liquid is disposed of or not included in the food product	by avoiding the use of wet processing or preparation methods	
contact with heat destroys vitamins	<ul> <li>use high pressure processing</li> <li>replace lost vitamins with supplied</li> </ul>	lements

• Section Three: Extended answer 30% (40 Marks)

Question 24 (20 marks)

(a) Describe how **two** functional properties of food affect the performance of preserved food products. (4 marks)

Description		Marks	
For each functional property:			
Describes how the functional property affects the performance of		0	
preserved food		2	
States how the functional property affects the performance of		1	
preserved food			
	Total 4		
Answers may include, but are	not limited to the following:		
Functional properties	Description		
Crystallisation	<ul> <li>jam making uses high concentrations of sugnessed in liquid</li> <li>the longer the solution is heated the more evaporation of liquid occurs making a</li> </ul>	gar	
	supersaturated solution in which crystals m	ay form	
	<ul> <li>jam making uses highly concentrated solutions of sugar and water</li> <li>the sugar helps to capture and preserve the flavour</li> </ul>		
	or colour or aroma of the fruit		
	<ul> <li>in jam making the breakdown of sucrose or sugar occurs when sugar is added to fruit containing acid and heat is applied</li> </ul>		
	this process helps to prevent crystallisation produce a smooth texture	and	
Denaturation	<ul><li>salt added to preserved meats will cause tenderisation</li><li>salt causes denaturation of protein</li></ul>		
Oxidation	<ul> <li>meat preserved by refrigeration or freezing</li> </ul>	will	
or Rancidity	oxidise, change colour and gradually becon this begins immediately after slaughtering of exposure to air	ne rancid	
Coagulation or Denaturation	acid added to protein product will cause denaturation or coagulation		
Caramelisation	sugar contained in vegetables will caramelis heated	se when	
Emulsification	the addition of acid to an egg yolk and oil emulsification causes thickening and extend shelf life	ds the	

15

(b) Describe how **two** processing techniques preserve food.

(4 marks)

Description	
For each processing technique:	
Describes how the technique preserves food	2
States briefly how the technique preserves food	1
Total	4

## Answers may include, but are not limited to the following:

- · low temperatures are applied during the process of freezing
- micro-organism growth or enzyme activity that cause deterioration are reduced
- high temperatures are applied during the processes of dehydrating or canning
- micro-organism growth or enzyme activity that cause deterioration cease
- acids are used in pickling or chutney making to preserve food
- acids denature enzymes or draw moisture from the cells of micro-organisms eliminating deterioration
- chemicals such as salt **or** sugar are used in the process of pickling **or** jam making
- these change the composition of the liquid and makes an environment that does not support the growth of micro-organisms

# (c) Identify **three** food preservation methods:

- one that alters the sensory properties of preserved food
- one that alters the physical properties of preserved food
- one that alters the chemical properties of preserved food.

Explain how each property is altered by **one** identified preservation method. Provide an example of a food product preserved by each method. (12 marks)

Description	Marks
For each of three preservation method:	
Identifies a preservation method	1
Subtotal	3
Explains how one preservation method alters the sensory properties of preserved food	2
States how one preservation method alters the sensory properties of preserved food	1
Explains how one preservation method alters the physical properties of preserved food	2
States how one preservation method alters the physical properties of preserved food	
Explains how one preservation method alters the chemical properties of preserved food	2
States how one preservation method alters the chemical properties of preserved food	1
Subtotal	6
For each of three:	
Provides an example of a food preserved using each method	1
Subtotal	3
Total	12

Answers may include, but are not limited to the following:			
Preservation methods	Properties	How and why one preservation method alters each property of food	
Dehydration	Sensory	<ul> <li>the sensory properties of dehydrated foods are altered, flavour or aroma or colour are intensified</li> <li>this is due to the complete or partial removal of moisture</li> </ul>	
	Physical	<ul> <li>application of a form of heat is required for dehydration to occur</li> <li>the removal of moisture causes change to the physical properties of the food, it becomes drier or smaller in size</li> </ul>	
	Chemical	<ul> <li>the removal of moisture will cause chemical changes</li> <li>water soluble vitamins will be removed</li> </ul>	
Food product examp	oles: dried herbs,		
Addition of salt <b>or</b> vinegar <b>or</b> acid <b>or</b> sugar	Sensory	<ul> <li>sensory properties such as texture or flavour are altered, food becomes more tender or sweeter</li> <li>sugar has a dehydrating effect, drawing water from the food or sugar into the food</li> </ul>	
	Physical	<ul> <li>when sugar is added to a mixture of fruit and water and heat is applied a physical change causes the sugar, pectin and acid from the fruit to combine</li> <li>this causes the formation of a gel or the mixture to thicken</li> </ul>	
	Chemical	<ul> <li>chemical properties are altered changing nutritional properties</li> <li>concentrated sugar or salt solutions are used to preserve the food or sugar or salt content is increased</li> </ul>	
Food product examp	oles: pickles or cl	nutneys, vegetables in brine, cured meats, olives	
Canning	Sensory	<ul> <li>canning cooks the food in a sugar or salt solution</li> <li>sensory properties such as texture or flavour are altered, foods become more tender or absorb the flavour of the solution in which the food is canned</li> </ul>	
	Physical	<ul> <li>physical properties are altered, some colour is lost or shape becomes less defined</li> <li>application of heat to food in solution causes these physical changes</li> <li>food is placed in a solution and heat is applied</li> <li>the physical property of structure is altered,</li> </ul>	
Food was dead	Chemical	<ul> <li>the fibre in food softens</li> <li>heat is applied during the canning process</li> <li>heat destroys enzymes that cause food spoilage</li> </ul>	
Food product examp	pies: iruits or veg	etables, TISN	

Question 25 (20 marks)

(a) State the purpose of a product proposal. Identify and describe **three** components of a product proposal. (10 marks)

	Description	Marks
States the purpose of a pr	oduct proposal	1
	Subtotal	1
For each product proposa	I component:	
Identifies the component		1
For three:		
Describes the component		2
States a fact about the co	mponent	1
	Subtotal	9
	Total	10
Answers may include, but	are not limited to the following:	
Purpose		
	plution to the problem or product	
	nd cons of the development of a potential product	
	ormation related to the product	
Components	Description	
Consumer profile	identifies the target market	
	<ul> <li>gathers information about the needs of the cor</li> </ul>	
	budget of targeted consumers <b>or</b> health needs	or
	lifestyle choices	
Product purpose	current market trends e.g., ethically raised proc	
	• identification of trends that are current informs	the
	development process	
Product specifications	<ul> <li>creates a description of the product or ingredient</li> </ul>	ents <b>or</b>
	materials required to make the product	
	ensures that all departments involved in the critical contents.	eation of
	the new product are in agreement	
	establishes the budget required for production	
	<ul> <li>identifies whether the company has the financi</li> </ul>	al
	resources to develop the new product	

(b) Describe why the technology process is effective in the development of new products. (2 marks)

Description	Marks	
Describes why the technology process is effective	2	
States how <b>or</b> why the technology process effective	1	
Total	2	
Answers may include, but are not limited to the following:		
ability to identify the needs of consumers and product constraints		
to ensure a greater success of the product		
• ensures developers consider numerous variables during the process e.g., the need		
for a new product <b>or</b> profitability <b>or</b> benefits to the company		
increases success and profitability		
ensures consumers end up with the best possible product		

increases profitability for the developer or increases repeat sales

(c) Explain **one** action that Ben will include in his plan at each of the **four** stages of the technology process to create the new cereal product. (8 marks)

	Description	Marks	
For each stage:			
Explains an action for each stage identified			
States an action for each stage  Total			
Answers may include, but are r		8	
Stages of the	•		
technology process	Explanation		
Investigate			
Products currently on the	<ul> <li>investigation of the current products on the mark</li> </ul>	cet that	
market	are the same <b>or</b> similar		
	<ul> <li>determines what is needed in the new product be developed to make it stand out from current pro-</li> </ul>		
Establish a need	investigation of the market to see whether the new contractions.		
	product is viable in the existing market		
	will the new product be different enough for con-	sumers to	
	be drawn to purchase it		
Wants and needs of target	investigation of the characteristics of the target		
demographic	<ul><li>demographic</li><li>identify the needs and wants of demographic</li></ul>		
Cost	investigate the cost of developing and marketing	1	
	<ul> <li>to establish the financial viability of development</li> </ul>	,	
	marketing		
	investigate demand		
	if the product is unsuccessful can the company	withstand	
Devise	any financial losses that may be involved		
		· ·	
Development of ideas	<ul> <li>provide change or innovation to the product by oneed for the new product, will it be a 'me-too', 'li</li> </ul>		
	extension' or 'new to the world' product	IIC	
	<ul> <li>increases a company's success or future profita</li> </ul>	bility <b>or</b>	
	viability	,	
Constraints to be considered	<ul> <li>timeline required for the development and launce</li> </ul>	h of the	
	product		
	timeline is established to provide parameters when the must work within	nich all	
	<ul><li>departments must work within</li><li>develop a detailed consumer profile</li></ul>		
	ensures the product meets consumer needs		
Devise evaluation criteria	set of evaluation criteria is developed in the dev	ise stage	
	<ul> <li>the criteria will be used to evaluate the prototype</li> </ul>	e and the	
	final product		
Produce			
Produce prototype	companies will produce a test product		
Draduos the final product	to evaluate initial design and modify if necessary     product is produced using the skills and knowledge.		
Produce the final product	<ul> <li>product is produced using the skills and knowled production team</li> </ul>	age of the	
	<ul> <li>using individual skills and expertise produces the</li> </ul>	e best	
	product		
Evaluate			
Data gathering	data is gathered and analysed against the criter	ia	
	developed in devising stage		
	company determines whether the product meets	s the set	
	evaluation criteria		

# **MARKING KEY**

# FOOD SCIENCE AND TECHNOLOGY

	<ul><li>sales data is collected</li><li>used to determine the success of the product</li></ul>
Data analysis	<ul> <li>analysis of the data by the company is used to make further decisions</li> <li>company can determine whether the product needs to be modified and re-introduced to the market</li> </ul>

19

Question 26 (20 marks)

(a) Outline **two** conditions imposed on food manufacturers before permission is granted to include an additive in a food product. (2 marks)

Description		Marks
For each condition:		
Clearly outlines the condition		1
	Total	2
Conditions		

- the manufacturer must prove that there is no other way to achieve a satisfactory product
- the manufacturer must prove that the additive is absolutely essential to the product
- additive must be on the list approved by FSANZ
- (b) Identify **four** additives that would be included in the ingredients in the vanilla slice and state a function of each. (8 marks)

	Description	Marks	
For each additive:			
Identifies the additive		1	
States a function of th	e additive	1	
	Total	8	
Answers may include,	Answers may include, but are not limited to the following:		
Additive	Function		
Humectant	incorporated in the custard powder to prevent moisture air being absorbed	from the	
Artificial sweetener	used to replace sugar and reduce kilojoule content.		
Flavouring	vanilla, used to add flavour to the custard to make it mo	re	
Colouring	added to the icing to enhance the sensory properties of	the slice	
Thickener	used to give the custard a consistent texture		
Preservatives	found in flour and custard powder used to extend shelf delay rancidity <b>or</b> maintain freshness	life <b>or</b>	
Anti-caking agents	found in flour, icing sugar and custard powder and used prevent clumping, allowing ingredients to flow freely	l to	

# 21

- (c) Explain how each of the following controlling factors influences the production of the crème brulée:
  - equipment ingredients

  - storage

  - processing techniques environment. (10 marks)

	Description	Marks
For each controlling factor:		
Explains how the factor influe	ences production	2
States a fact about the controlling factor		1
	Total	10
Answers may include, but are	e not limited to the following:	
Controlling factor	Explanation	
Equipment	<ul> <li>use of a cool oven</li> <li>gentle heat prevents the egg mixture from separating</li> </ul>	
	<ul> <li>use of a blowtorch</li> <li>high temperature needed to caramelise the topping</li> </ul>	sugar
	<ul> <li>use of ceramic ramekins</li> <li>prevents the custard setting unevenly or proan even cooking temperature</li> </ul>	omotes
	<ul><li>use of a heavy based saucepan</li><li>to prevent the cream burning</li></ul>	
Ingredients	<ul> <li>use of caster sugar</li> <li>caster sugar dissolves more readily</li> <li>use of vanilla bean</li> <li>more intense flavour than essence</li> </ul>	
Storage	<ul> <li>needs to be served immediately</li> <li>contact with the moist custard will melt the stopping</li> <li>can be stored, refrigerated, without the topp moisture will melt the toffee topping</li> </ul>	
Processing techniques	<ul> <li>straining the custard mixture</li> <li>removes any lumps of egg or vanilla seeds</li> <li>lightly whisking sugar and egg yolks</li> <li>to prevent bubbles forming in the custard</li> <li>cooling the brulées before topping with sugar</li> </ul>	ar
	<ul> <li>sugar will be moistened by steam, damp sugar not caramelise</li> <li>cooling brulées after removing from the ove</li> </ul>	gar will
Environment	warm egg and cream mixtures are ideal cor for bacterial growth	
Environment		
	<ul> <li>the brulées will cook slowly and not shrink</li> <li>use of a cool oven</li> </ul>	
	gentle heat prevents the egg mixture from separating	
	and enables coagulation to occur	

#### **ACKNOWLEDGEMENTS**

## Question 19(c)

Text under 'Answers may include, but are not limited to the following adapted from: National Health and Medical Research Council. (2015). *Australian Dietary Guidelines 1–5*. Retrieved October, 2018, from https://www.eatforhealth.gov.au/guidelines/australian-dietary-guidelines-1-5

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