

Advice for candidates

- Read the question carefully. Too many candidates misread the question and don't provide an appropriate answer.
- Any examples used must relate to the context of the question.
- If a question asks to outline, write at least a sentence rather than three to four words.
- Remember to use I D E; identify the concept in the answer, describe/define the concept and provide an example relevant to the stem of the question.

Advice for teachers

- Encourage students to read the questions carefully and more than once so they know exactly what is expected.
- Remind students to relate examples to the context in the stem of the question.
- Use past examination papers to teach students how to answer questions and receive full marks.

Comments on specific sections and questions

Practical examination

Questions 1 to 5 relate to skills. Only the skills in the support document are used in the examination. The full range of marks were awarded. The examinations of the different sports were similar so that comparisons could be made between sports. Each sport was aimed to be a moderate to high level examination with one static and four dynamic components; with one less complex (or bit easier skill) and one more technical (or more difficult skill). All of the practical examinations enabled markers to assess, differentiate between candidates and reflect the range of ability (i.e. low, middle and high). They included a range/spread of skills for each sport with no specialist skills. Three drills to assess five skills worked well for most sports.

Written examination

Section One: Multiple-choice (20 Marks)

Candidates scored well in this section. The mean score of 66.15% was the highest of the three sections. Three questions that scored a mean of below 50%. Question 6 was the hardest for candidates to answer with a mean of 33%. A pivot point was identified in the photograph indicating a lever system in action and there was only one answer (torque) from the distractors that related to levers. Question 2 was the second lowest scoring question from the section. Candidates were required to identify the physiological effects of using anabolic steroids from a list. By deduction, candidates should have been able to narrow down their choice to two. Candidates may not have read the question properly that only asked for physiological responses, not psychological. Question 10, about drag and the impact of turbulent flow around an object, was answered poorly.

Section Two: Short answer (74 Marks)

The mean for Section Two increased to 50.30% compared to 48.86% in 2018. Candidates found it difficult applying their knowledge to justify an answer, hence, were unable to take full advantage of the allotted marks. In general, candidates were able to identify the concept required by the question. The more capable candidates were able to apply the concept to their answer or were able to justify their answer using the concept. Less able candidates only gave a simplistic answer.

Section Three: Extended answer (30 Marks)

The mean for Section Three was 54.78%. Compared to 2018, this is an increase of 14.32% and also presents the highest mean for the Extended answer section in the last five years.