





ATAR course examination, 2022

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Basketball

Time allowed

Preparation:30 minutesExamination:60 minutes (30 minute performance)

Materials required

To be provided at the venue Non-personal equipment required for Basketball

To be provided by the candidate Non-marking athletic shoes

Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	50
Conditioned performance	20	50
	Total	100

Instructions to candidates

- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or a white shirt for the examination.
- 3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
- 4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and you will be directed to a supervised warm-up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm-up area to the examination area.
- 6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2022* document.

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PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

SECTION ONE – Skills Performance

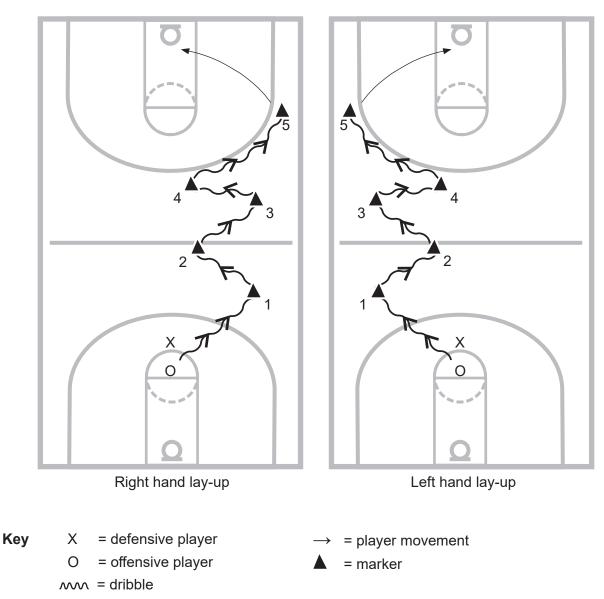
1. Skills set

(30 marks)

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Control dribble	Lay-up	Defence – on ball containment	Leading – wing lead	Shooting – one dribble jump shot

PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

Drill #1: Control dribble, Lay-up

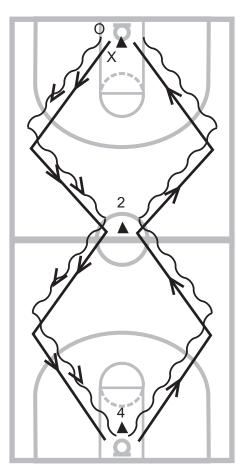


Drill description

- 1. Player O starts with the ball at the free throw line opposite end and executes a control dribble to the markers from 1 5 with a passive defender X.
- 2. Player must demonstrate both a variety of change of direction dribbles at each marker. Player X drops off at \blacktriangle 4.
- 3. At \blacktriangle 5, player then executes a right hand lay-up.
- 4. Player then changes sides and repeats the drill but executes a left hand lay-up.

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Drill #2: Defence - on ball containment

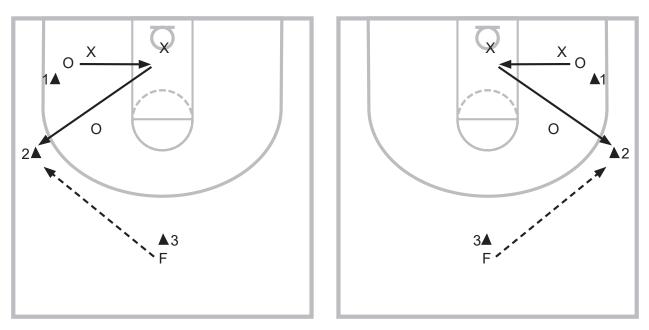


- **Key** X = defensive player
 - O = offensive player
 - ----- = ball movement
 - \rightarrow = player movement
 - ▲ = marker

Drill description

- 1. Player O starts with the ball on the baseline.
- 2. Player X starts in a defensive position on player O.
- 3. Player O dribbles down the court in a zig-zag pattern medium intensity, changing direction if defence slides across.
- 4. Player X demonstrates defence on ball containment on player O as they dribble down the court and change direction.
- 5. Player X must demonstrate a drop step for each change of direction, sprint to recover if beaten.
- 6. Players X and O move to the other side and repeat.

Drill #3: Leading – wing lead, Shooting – one dribble jump shot



Key F

- F = feeder
- X = defensive player
- O = offensive player
- ----- = ball movement
- \rightarrow = player movement
- = marker

Drill description

- 1. Player O starts on marker 1 with defender X on inside. Player O leads into the keyway for the wing lead.
- 2. Defender X stays in keyway, player O performs wing lead to outside keyway and receives pass at marker 2, outside the 3 point line, from feeder (at marker 3).
- 3. Player O squares up to the basket and performs a one dribble jump shot.
- 4. Repeat on the other side.

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PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Half court or full court
SPECIFY NUMBER OF PLAYERS	4 vs 4 or 3 vs 3 or 5 vs 5
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Create scoring opportunities starting with an out of bounds pass-in from the half way line. Defence aims to restrict offence and attempt to gain possession in order to move the ball into their offensive half, play continues until a score by either team.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Maximise points for the team. or Restrict offensive players, gain possession.
SPECIFY OPTIONS, RULES AND/OR RESTRICTIONS	Team members may be changed during this conditioned performance.

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