



## ATAR course examination, 2023

# PHYSICAL EDUCATION STUDIES

## Practical (performance) examination Tennis

### Time allowed

Preparation: 30 minutes  
Examination: 60 minutes (30 minute performance)

### Materials required

*To be provided at the venue*

Non-personal equipment required for Tennis

*To be provided by the candidate*

Tennis racquet, enclosed shoes suitable for a hard surface

## Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

## Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	50
Conditioned performance	20	50
<b>Total</b>		100

## Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or a white shirt for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and you will be directed to a supervised warm-up area.
5. Just prior to the scheduled examination time you will be escorted from the warm-up area to the examination area.
6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2023* document.

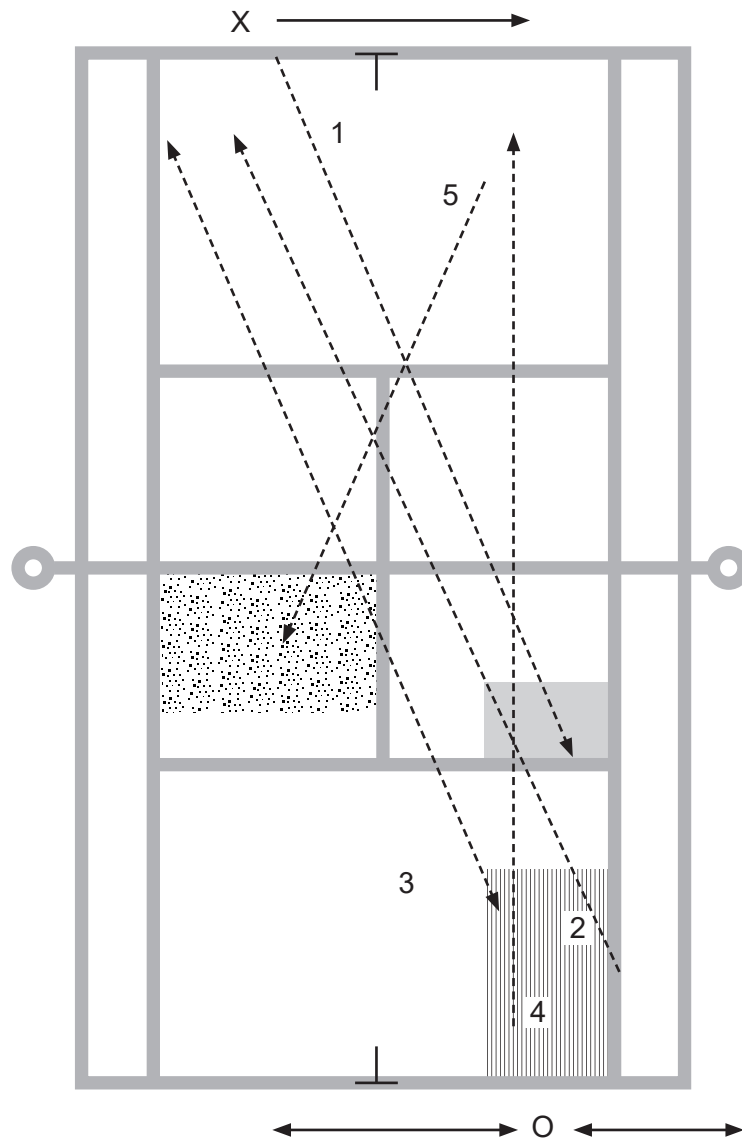
## SECTION ONE – Skills Performance

## 1. Skills set

(30 marks)

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Serve - slice	Forehand groundstroke	Backhand drop shot	Net volley – backhand	Overhead

Drill #1: Serve-slice, Forehand groundstroke, Backhand drop shot



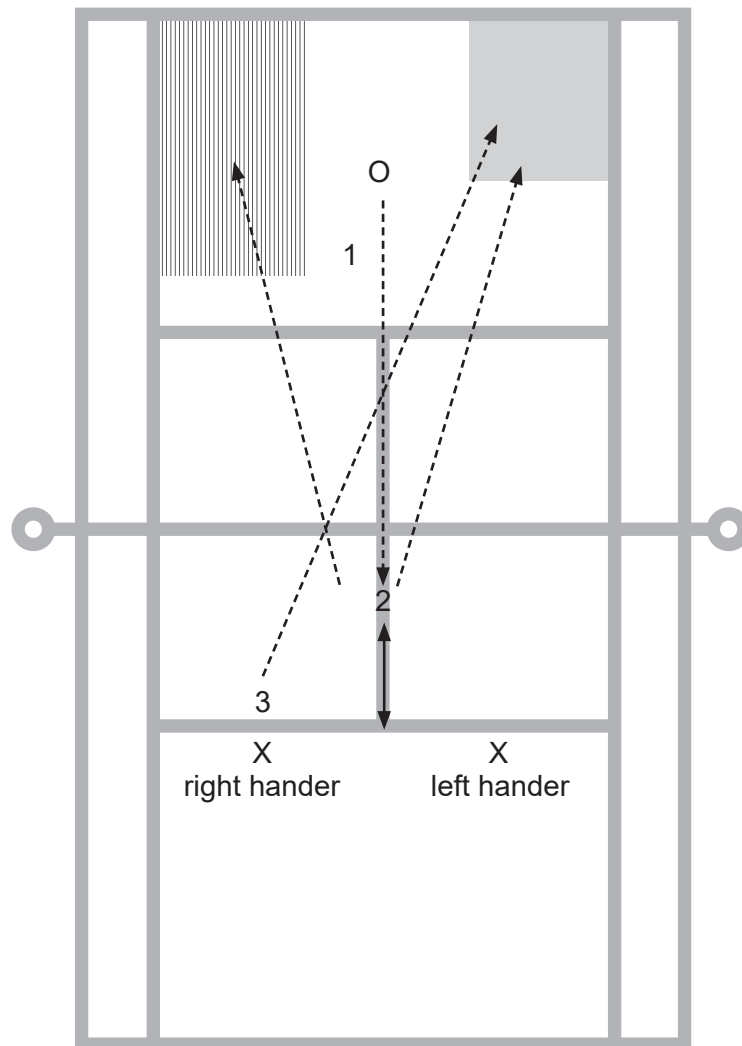
<b>Key:</b>	X	= player	----->	= ball movement
	O	= feeder	■	= target area 1
	△	= marker		= target area 2
	————>	= player movement	●●●●	= target area 3
	————>	= feeder movement		

**Drill description:**

1. Player hits a slice serve into the target area on the deuce side of the court.
  2. Feeder returns with a cross-court forehand.
  3. Cross-court forehand rally then occurs with the player hitting three cross-court forehand shots into the target area.
  4. Feeder then hits a forehand down the line.
  5. Player then hits a backhand drop shot cross-court into the target area.
- Perform drill on the opposite side for left-handed players.

**See next page**

## Drill #2: Net volley – backhand, Overhead



**Key:**

X	= player
O	= feeder
△	= marker
→	= player movement
→	= feeder movement
- - - - ->	= ball movement
■	= overhead target area
	= volley target area (2)

**Drill description:**

1. Feeder O feeds the player X a backhand volley 4 times.
2. Player X approaches forward towards the net and performs a backhand volley into cross court into the target area. The player retreats to the service line and then approaches the net to perform a backhand volley down the line. This process is repeated so that the player has completed 4 backhand volleys.
3. Feeder O feeds player X a lob towards the player's non-dominant side (right hander – Advantage side, left hander – Deuce side), player X retreats and performs an overhead into the target area.

**See next page**

**SECTION TWO – Conditioned Performance**

**(20 marks)**

<b>SCENARIO PLANNING</b>	
DEFINE PLAYING AREA OR BOUNDARIES	Full court
SPECIFY NUMBER OF PLAYERS	2 versus 2 (doubles play)
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Play out points in a doubles match format.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Groups of four (4) as allocated by Team Leader. Players matched to opponents of similar ability. Players demonstrate skills and tactics for each unique situation.
SPECIFY OPTIONS, RULES AND/OR RESTRICTIONS	No special rules apply.

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