



SAMPLE COURSE OUTLINE

HUMAN BIOLOGY
GENERAL YEAR 11

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Sample course outline

Human Biology – General Year 11

Unit 1 – Healthy body

Science Inquiry Skills

Science Inquiry Skills align with the Science Understanding and Science as a Human Endeavour content of the unit and are integrated into the learning experiences.

Week	Key teaching points
1	<p>Characteristics of life</p> <ul style="list-style-type: none"> • Life processes • Cell theory • Cell structure and function <ul style="list-style-type: none"> ▪ Cell membrane, nucleus, mitochondria, ribosomes, lysosomes and cytoplasm <p>Practical activity – Build a cell model</p>
2	<ul style="list-style-type: none"> • Microscopy <ul style="list-style-type: none"> ▪ Improved techniques have enhanced cellular understanding ▪ Microscopy techniques <ul style="list-style-type: none"> ○ Preparation of wet mount slide ○ Calculating magnification and field of view ○ Estimating cell size ○ Drawing labelled diagrams of cells observed under the microscope ▪ Use electron micrographs to identify cell organelles <p>Practical activity – Microscopy: Observing cells</p>
3–4	<ul style="list-style-type: none"> • Exchange of materials <ul style="list-style-type: none"> ▪ Surface area to volume ratio and exchange of materials <p>Task 1: Science inquiry (practical) – Surface area to volume ratio</p> <ul style="list-style-type: none"> ▪ Passive processes (diffusion and osmosis) <p>Practical activity – Diffusion Practical activity – Osmosis</p> <ul style="list-style-type: none"> ▪ Active processes (active transport and endocytosis) <ul style="list-style-type: none"> • Cellular respiration <ul style="list-style-type: none"> ▪ Aerobic respiration <p>Practical activity – Aerobic respiration</p> <ul style="list-style-type: none"> ▪ Anaerobic respiration <p>Practical activity – Anaerobic respiration</p>
5–6	<p>Task 2: Test – Characteristics of life</p> <p>Body organisation</p> <ul style="list-style-type: none"> • Hierarchical structural organisation – cells, tissues, organs, systems <p>Respiratory system</p> <ul style="list-style-type: none"> • Structure and function of the respiratory system <p>Practical activity – Measuring vital capacity</p> <ul style="list-style-type: none"> • Characteristics for efficient gas exchange • Mechanics of breathing <p>Practical activity – Build a lung model</p> <p>Commence Task 6: Extended response – Diseases and lifestyle choices that affect body systems</p>
7-9	<p>Circulatory system</p> <ul style="list-style-type: none"> • Structure and function of the circulatory system <ul style="list-style-type: none"> ▪ Structure and function of the heart <p>Practical activity – Heart dissection</p> <ul style="list-style-type: none"> ▪ Structure and function of blood vessels (arteries, veins, capillaries)

Week	Key teaching points
	Practical activity – Microscopy: Observing blood vessel cross-sections Task 3: Science inquiry (investigation) – Factors affecting heart rate and blood pressure <ul style="list-style-type: none"> • Components of blood and their function Practical activity – Microscopy: Observing prepared slides of blood cells Task 4: Test – Respiratory and circulatory systems
10–12	Digestive system <ul style="list-style-type: none"> • Structure and function of the digestive system • Mechanical and chemical digestion Practical activity – Simulating digestion <ul style="list-style-type: none"> • Elimination of wastes Task 5: Science inquiry (practical) – Enzyme activity
13–14	Nutrition and diet <ul style="list-style-type: none"> • Maintaining a healthy diet • Nutrient groups and their uses in the body Practical activity – Nutrients contained in foods Task 6: Extended response – Diseases and lifestyle choices that affect body systems
15–16	Urinary system <ul style="list-style-type: none"> • Structure and function of the urinary system Practical activity – Kidney dissection <ul style="list-style-type: none"> • Water balance • Diagnosis and treatment of kidney dysfunctions Task 7: Test – Nutrition and diet, digestive and urinary systems

Unit 2 – Reproduction and inheritance

Science Inquiry Skills

Science Inquiry Skills align with the Science Understanding and Science as a Human Endeavour content of the unit and are integrated into the learning experiences.

Week	Key teaching points
1	<p>Genetic material</p> <ul style="list-style-type: none"> • Structure and function of DNA Practical activity – Build a DNA model • Relationship between chromosomes, genes and DNA • Difference between genes and alleles
2–3	<p>Cell division</p> <ul style="list-style-type: none"> • Mitosis <ul style="list-style-type: none"> ▪ Phases of mitosis Practical activity – Microscopy: Observing mitosis • Meiosis <ul style="list-style-type: none"> ▪ Phases of meiosis • Difference between mitosis and meiosis <p>Task 8: Science inquiry (practical) – Modelling cell division</p>
4–6	<p>Reproductive systems</p> <ul style="list-style-type: none"> • Structure and function of male and female reproductive systems Practical activity – Rat dissection (virtual/real) • Gamete formation <ul style="list-style-type: none"> ▪ Male – continuous ▪ Female – cyclic Ovarian and menstrual cycle (FSH, LH, oestrogen and progesterone) <p>Task 9: Test – Genetic material, cell division and reproductive systems</p>
7–10	<p>Pregnancy</p> <ul style="list-style-type: none"> • Stages of pregnancy <ul style="list-style-type: none"> ▪ Fertilisation (zygote) ▪ Implantation and placenta formation ▪ Embryonic development ▪ Foetal development • Monitoring foetal development using ultrasound • Maternal lifestyle choices that affect foetal development and baby health (diet, smoking, alcohol, drugs) • Birth process <ul style="list-style-type: none"> ▪ Sequence of events ▪ Changes in the mother and baby ▪ Complications during birth ▪ Methods of delivery • Milestones of infant development <p>Task 10: Science inquiry (practical) – Milestones of infant development Task 11: Test – Pregnancy and birth</p>
11–13	<p>Reproductive technologies</p> <ul style="list-style-type: none"> • Contraceptive methods <ul style="list-style-type: none"> ▪ Preventing fertilisation e.g. condom, diaphragm, IUDs ▪ Preventing implantation e.g. IUDs ▪ Controlling menstrual and ovarian cycles e.g. the Pill, injections, implants • Infertility treatments used to assist reproductive technologies Practical activity – Simulating artificial fertilisation of an ovum <ul style="list-style-type: none"> ▪ In vitro fertilisation-embryo transfer (IVF-ET)

Week	Key teaching points
	<ul style="list-style-type: none"> ▪ Gamete intrafallopian transfer (GIFT) ▪ Zygote intrafallopian transfer (ZIFT) ▪ Frozen embryo transfer (FET) • Genetic testing <ul style="list-style-type: none"> ▪ Parental ▪ Embryonic ▪ Foetal <p>Task 12: Extended response – Prenatal testing</p>
13–16	<p>Sexually transmitted infections</p> <ul style="list-style-type: none"> • Cause, mode of transmission, symptoms and treatment of common STIs <ul style="list-style-type: none"> ▪ Bacterial e.g. Chlamydia, Gonorrhoea, Syphilis ▪ Viral e.g. Genital herpes, Genital warts, HIV ▪ Fungal e.g. Thrush (not considered STI, however, can be transmitted via sexual contact) ▪ Parasites e.g. Pubic lice, Trichomoniasis <p>Task 13: Science inquiry (investigation) – Factors affecting the spread of infectious diseases</p> <ul style="list-style-type: none"> • Notifiable STIs • STI trends and targeted education campaigns <p>Task 14: Test – Reproductive technologies and STIs</p>