



ATAR course examination, 2017

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Basketball

Time allowed

Warm up: 30 minutes
Skills and Drills: 60 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Basketball

To be provided by the candidate

Non-marking athletic shoes

Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of practical examination
Skills performance	30	15
Conditioned performance	20	15
Total		100

Instructions to candidates

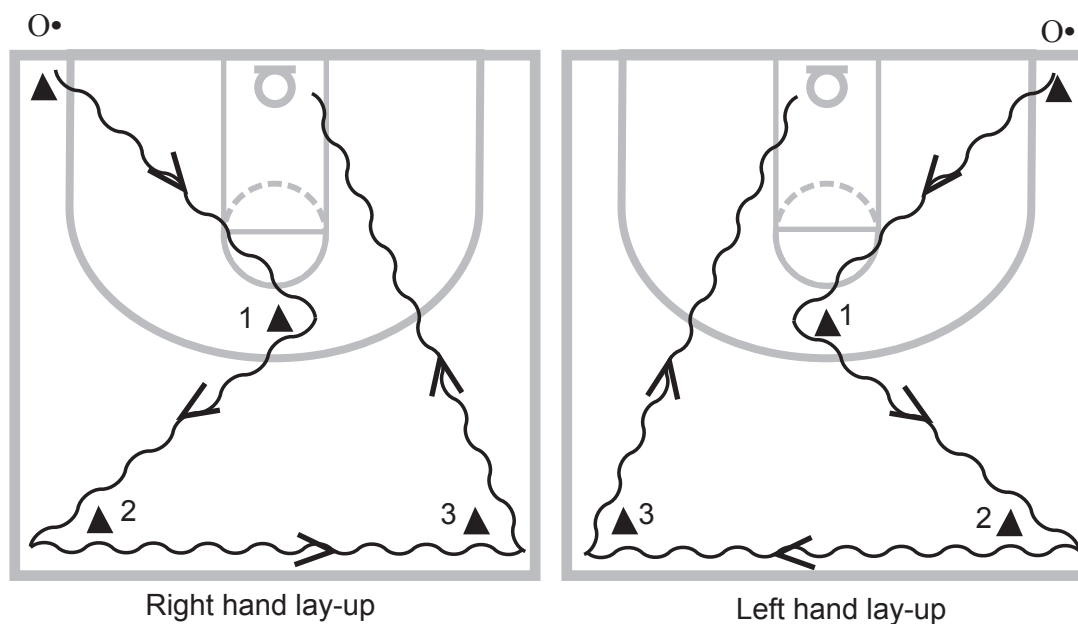
1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.
6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2017* document.

SECTION ONE – Skills Performance

1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Control dribble	Lay-up	Defence – on ball containment	Lead – wing lead	Shoot – one dribble jump shot

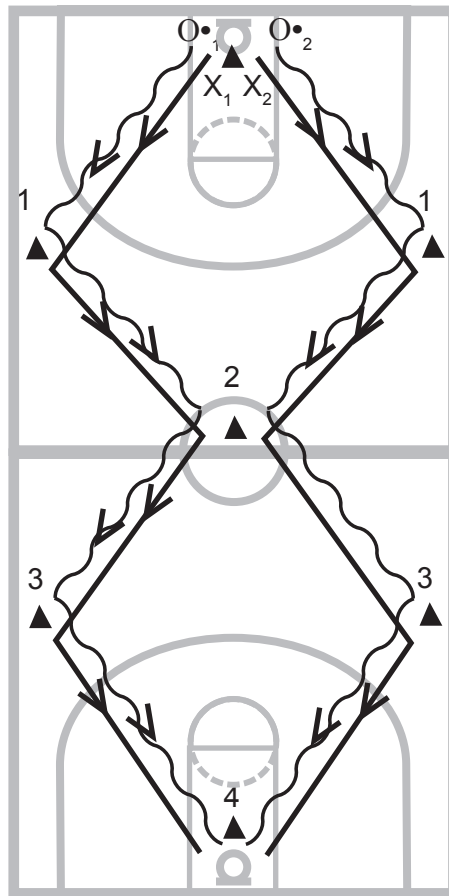
Drill #1: Control dribble, Lay-up



- Key**
- | | | | |
|-------|-----------------------------|------|-------------------|
| X | = defensive player | → | = player movement |
| O | = offensive player | ▲ | = marker |
| O• | = offensive player has ball | ~~~~ | = dribble |
| ----- | = ball movement pass | | |

Drill description

1. Player O• starts with the ball in the back left hand corner and executes a control dribble to move around the markers from 1 – 3 in the half court area.
2. Player must demonstrate both right and left hand dribbling technique.
3. Player then executes a right hand lay-up.
4. Player then changes sides (back right hand corner) and repeats the drill but executes a left hand lay-up.

Drill #2: Defence – on ball containment

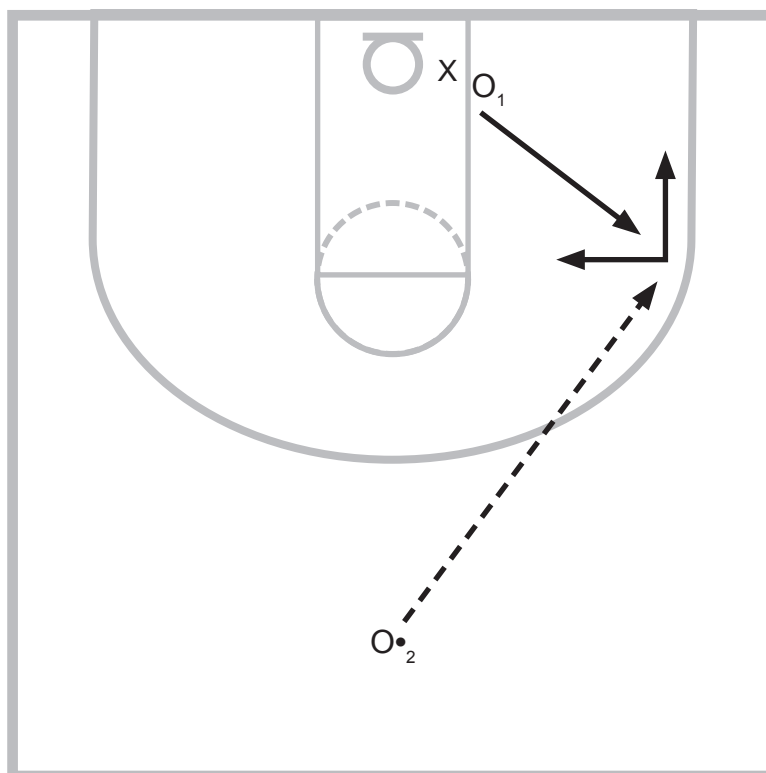
Key	X	= defensive player
	O	= offensive player
	O•	= offensive player has ball
	----	= ball movement pass
	→	= player movement
	▲	= marker
	~~~~	= dribble

**Drill description**

1. Player O₁ and Player O₂ start with the ball on the baseline.
2. Player X₁ and player X₂ start in a defensive position on players O₁ and O₂.
3. Players O₁ and O₂ dribble down the court in a zig-zag pattern from markers 1–4 at medium intensity.
4. Players X₁ and X₂ demonstrate defence – on ball containment on players O₁ and O₂ as they dribble down the court and change direction at each marker.
5. Players X₁ and X₂ must demonstrate a drop step for each change of direction.

**See next page**

**Drill #3:** Lead – wing lead, Shoot – one dribble jump shot



- Key**
- X = defensive player
  - O = offensive player
  - O• = offensive player has ball
  - = ball movement pass
  - = player movement
  - ▲ = marker
  - ~~~~ = dribble

**Drill description**

1. Player O₁ starts at the edge of the key way with Player X in a defensive position.
2. Player O₁ executes a wing lead on a 45° angle towards the 3 point line to receive a pass from player O•₂
3. Player O•₂ passes the ball to player O₁ who catches the ball 1 metre inside the 3 point line.
4. Player O₁ then executes a one dribble jump shot.
5. Player O₁ must demonstrate a one dribble jump shot to the right and the left side of his/her landing position after catching the ball.
6. Player O₁ must perform this drill on both the left and right hand sides of the key way.

**See next page**

## SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Half court
SPECIFY NUMBER OF PLAYERS	4 vs 4
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	<p>Create scoring opportunities starting with an out of bounds pass-in from the half way line.</p> <p>Defence aims to restrict offence and attempt to gain possession in order to move the ball over the half line to end the play.</p>
SPECIFY ROLES OR GOALS OF PLAYER(S)	<p>Maximise points for the team.</p> <p><b>or</b></p> <p>Restrict offensive players.</p>
SPECIFY OPTIONS, RULES AND/OR RESTRICTIONS	Change offence and defence after a minimum of 5 minutes. Team members may be changed during this conditioned performance.

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