



Western Australian Certificate of Education Examination, 2014

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PHYSICAL EDUCATION STUDIES

Practical (performance) examination Netball

Time allowed

Warm-up: 30 minutes
Skills and Drills: 75 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Netball

To be provided by the candidate

Non-marking athletic shoes

Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills		
• Skill 1	6	15
• Skill 2	6	
• Skill 3	6	
• Skill 4	6	
• Skill 5	6	
Conditioned performance	20	15
	Total	30

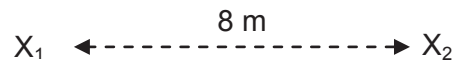
Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 30 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

SECTION ONE – Skills Performance**1. Skills set**

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Shoulder pass	Lob pass	Split and re-offer	Outside foot land & pivot	3 ft (.9 m) recovery

Drill #1: Shoulder pass

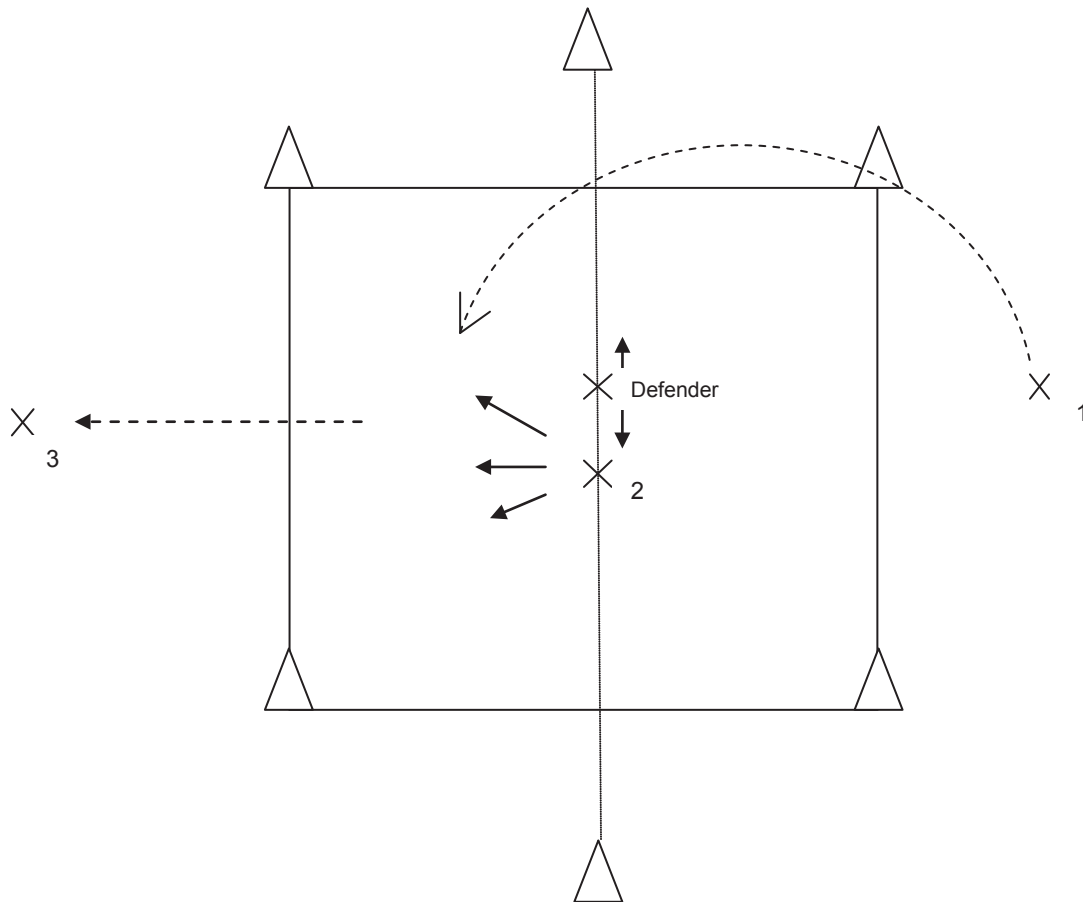


Key: X = player
O = feeder
△ = marker
----- = ball movement
→ = player movement

Drill description

1. X₁ and X₂ face each other, 8m apart.
2. X₁ to use preferred hand shoulder pass to opposite player's preferred throwing shoulder.
3. X₂ receives ball and uses preferred hand shoulder pass to opposite player's preferred side shoulder.

Drill #2: Lob pass



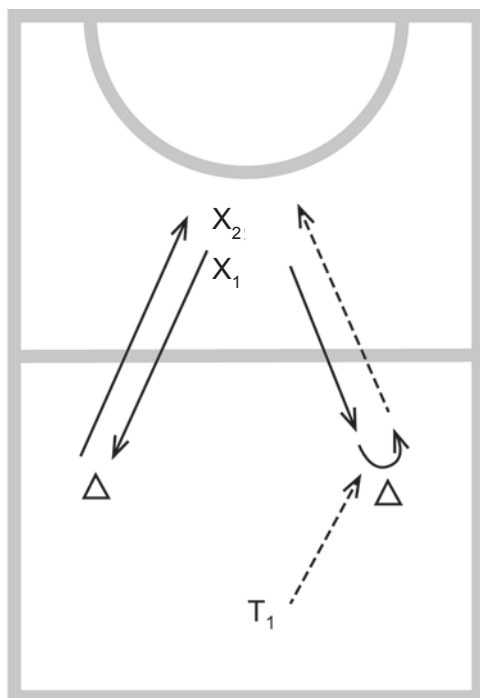
Key: X = player
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 → = player movement

Drill description

1. 4 players (3 attacking, 1 defending), 1 ball.
2. Player with the ball (player being examined) attempts to pass the ball, by using a lob pass, to the receiving player.
3. Player without the ball starts next to defender and can only receive the ball behind the defender.
4. Defender is only allowed to move either direction on the line.
5. The receiving player is to vary his/her position to receive the lob pass.
6. On receiving the pass this player pivots and passes the ball to 3rd attacking player.

See next page

Drill #3: Split and re-offer; outside foot land and pivot



Makers – rotation:

Start

1. T_1 = Floor Supervisor
2. X_1 = Player 1
3. X_2 = Player 2

Remaining candidate's line up 3, 4, 5, 6, 7, 8 and one at a time feed in from the goal line.

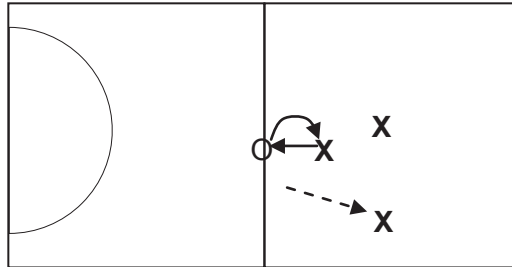
X_1 and X_2 complete split and re-offer /OFLP moves
 X_1 in front position, X_2 in 2nd position

X_1 moves to the end of the line behind player 8
 X_2 moves to front position, X_3 moves up to 2nd position.

- Key:**
- X = player
 - O = feeder
 - △ = marker
 - = ball movement
 - = player movement

Drill description

1. Set up in centre third of the court; thrower at centre circle.
2. Player 1 and player 2 start behind transverse line.
3. Thrower throws ball to self to create timing for the two attackers to lead.
4. On the catch by the thrower, both player 1 and 2 offer a split lead for the ball.
5. Thrower passes to X_1 .
6. X_1 complete the split lead then the outside foot land and pivot.
7. X_2 complete the split lead then the re-offers back down court on an angle.
8. Work both sides of the body.

Drill #4: 3 feet (0.9 m) recovery

Key: X = player
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----- = ball movement
→ = player movement

Drill description

1. Feeder stands on the transverse line with their back to X while holding the ball.
2. Feeder plays ball to self, X to use outside arm pretending to deflect the ball.
3. X then recovers to 3ft, using outside leg to power movement back to 3 feet in front of the feeder.
4. Feeder can pass or fake and release the ball to either receiver.
5. X to use a variety of hands as appropriate to delay or deny pass.

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Half court
SPECIFY NUMBER OF PLAYERS	4 vs 4 Offence: GS, GA, WA, C Defence: GK, GD, WD, C
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Creating a scoring shot from a centre pass.
SPECIFY ROLES OR GOALS OF PLAYER(S)	No special notes
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Normal position rules apply. Change offence and defence after 5 minutes.

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Published by the School Curriculum and Standards Authority of Western Australia
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