



Western Australian Certificate of Education Examination, 2014

--	--	--	--	--	--	--	--

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Volleyball

Time allowed

Warm-up: 30 minutes
Skills and Drills: 75 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Volleyball

To be provided by the candidate

Non-marking athletic shoes

Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills		
• Skill 1	6	15
• Skill 2	6	
• Skill 3	6	
• Skill 4	6	
• Skill 5	6	
Conditioned performance	20	15
	Total	30

Instructions to candidates

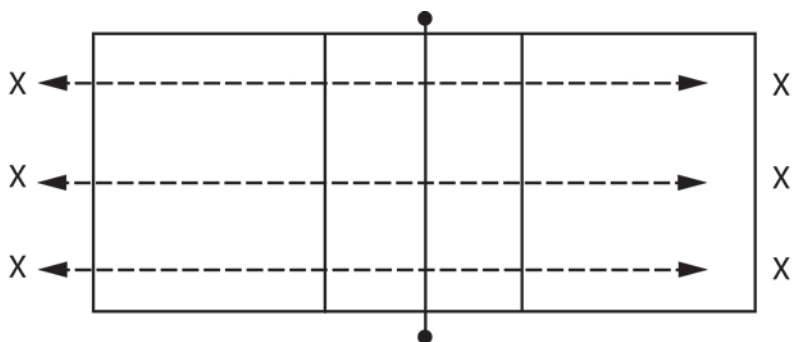
1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 30 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

SECTION ONE – Skills Performance**1. Skills set**

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Serve – overhead float serve	Front set	Forearm pass – service reception	Spike	Block

See next page

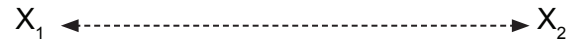
Drill 1: Overhead float serve



Key: X = player
O = feeder
△ = marker
————→ = player movement
-----→ = ball movement

Drill description

1. Players are to serve over the net using overhead float serve.
2. Players on opposite side roll the ball back to the servers.

Drill 2: Front set

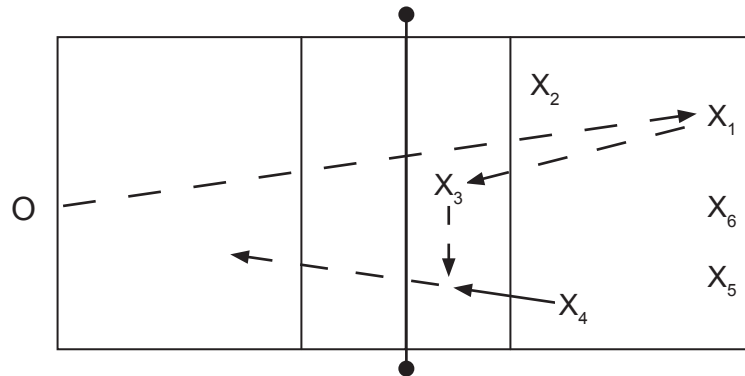
Key:

X	= player
O	= feeder
△	= marker
————→	= player movement
-----→	= ball movement

Drill description

1. X_1 front sets the ball to X_2 .
2. X_2 front sets the ball back to X_1 .
3. Drill is repeated.

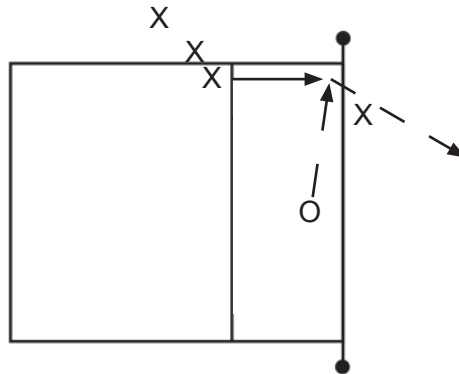
Drill #3: Forearm pass: serve reception



- Key:**
- X = player
 - O = feeder
 - △ = marker
 - = player movement
 - = ball movement

Drill description

1. Feeder serves the ball into the area where there are three passers. (X), (X₅), (X₆)
2. Players forearm pass the ball to the setter. (X₃)
3. Setter sets the ball to position 4 where the player (X₄) can attempt to spike the ball back over the net.

Drill 4: Spike

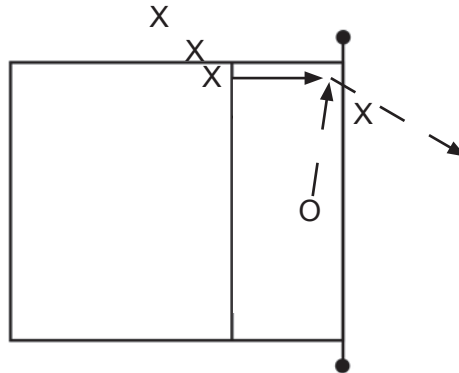
Key:

- X = player
- O = feeder
- △ = marker
- = player movement
- - - - -> = ball movement

Drill description

1. Feeder stands in position 3 and throws a ball up that resembles a high outside set.
2. Players are lined up outside the court ready to spike the ball from position 4.
3. Player on opposite side of the net attempting to block.
4. Player spikes the ball, retriever feeds it back to the feeder.

Drill 5: Block



- Key:**
- X = player
 - O = feeder
 - △ = marker
 - = player movement
 - - - - -> = ball movement

Drill description

1. Feeder stands in position 3 and throws a ball up that resembles a high outside set.
2. Players are lined up outside the court ready to spike the ball from position 4.
3. Player on opposite side of the net attempting to block.
4. Player attempts to block the ball and retriever feeds it back to the feeder.

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	Full court
SPECIFY NUMBER OF PLAYERS	6 vs 6 (2 examination rooms combine for this drill).
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Create the most effective attack and defense from opportunities in a game situation.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Two rotation points off/on court.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	No special rules apply.

This page has been left blank intentionally

See next page

This page has been left blank intentionally

See next page

This document – apart from any third party copyright material contained in it – may be freely copied, or communicated on an intranet, for non-commercial purposes in educational institutions, provided that it is not changed and that the School Curriculum and Standards Authority is acknowledged as the copyright owner, and that the Authority's moral rights are not infringed.

Copying or communication for any other purpose can be done only within the terms of the *Copyright Act 1968* or with prior written permission of the School Curriculum and Standards Authority. Copying or communication of any third party copyright material can be done only within the terms of the *Copyright Act 1968* or with permission of the copyright owners.

Any content in this document that has been derived from the Australian Curriculum may be used under the terms of the [Creative Commons Attribution-NonCommercial 3.0 Australia licence](#).

Published by the School Curriculum and Standards Authority of Western Australia
303 Sevenoaks Street
CANNINGTON WA 6107