



## ATAR course examination, 2020

# PHYSICAL EDUCATION STUDIES

## Practical (performance) examination Netball

### Time allowed

Warm up: 30 minutes  
Skills and drills: 60 minutes

### Materials required

*To be provided at the venue*

Non-personal equipment required for Netball

*To be provided by the candidate*

Non-marking athletic shoes

## Structure of the examination

The Physical Education Studies ATAR course examination consists of a written component and a practical (performance) component.

## Criteria for marking the practical (performance) examination

Criteria	Marks available	Percentage of total exam
Skills performance	30	50
Conditioned performance	20	50
<b>Total</b>		100

## Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or a white shirt for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and you will be directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.
6. You must follow the requirements for this examination published in the *Physical Education Studies ATAR course Practical (performance) examination requirements 2020* document.

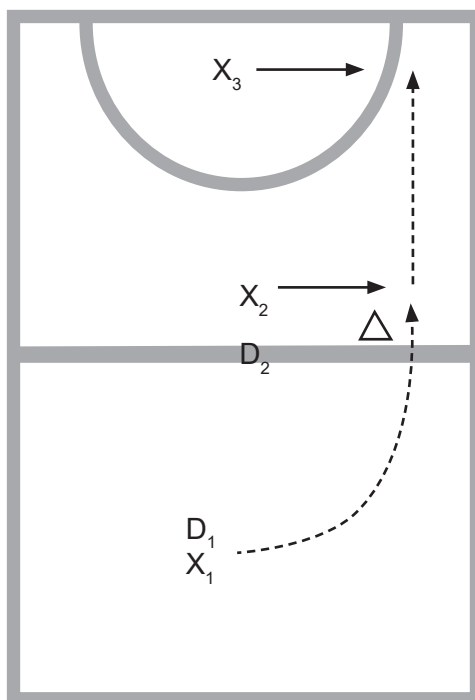
## SECTION ONE – Skills Performance

## 1. Skills set

(30 marks)

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Lob pass	3 feet (0.9m) recovery	Outside foot land and pivot	Split and re-offer	Shadowing

Drill #1: Lob pass, 3 feet (0.9m) recovery

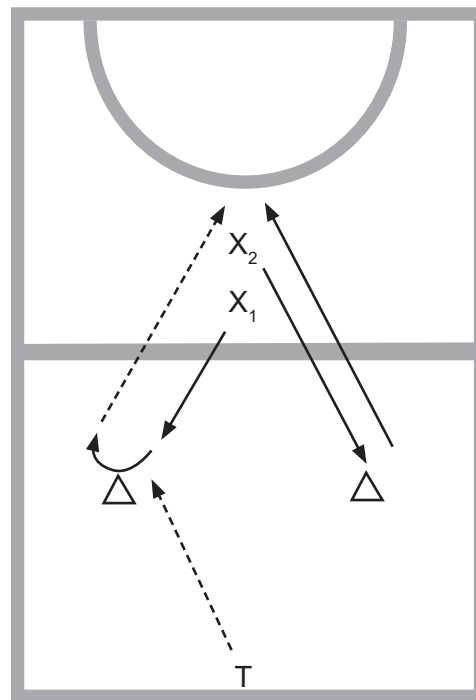


**Key:**

X	= player
O	= feeder
△	= marker
→	= player movement
- - - - ->	= ball movement
D	= defender

**Drill description:**

1. X<sub>1</sub> lobs over defender (D<sub>2</sub>) to X<sub>2</sub>.
2. Defender 2, 3 feet recovers on X<sub>2</sub> who is passing to player X<sub>3</sub> who leads to receive a pass from X<sub>2</sub>.
3. Player X<sub>2</sub> passes to leading player X<sub>3</sub>.

**Drill #2:** Split and re-offer, Outside foot land and pivot

**Key:**

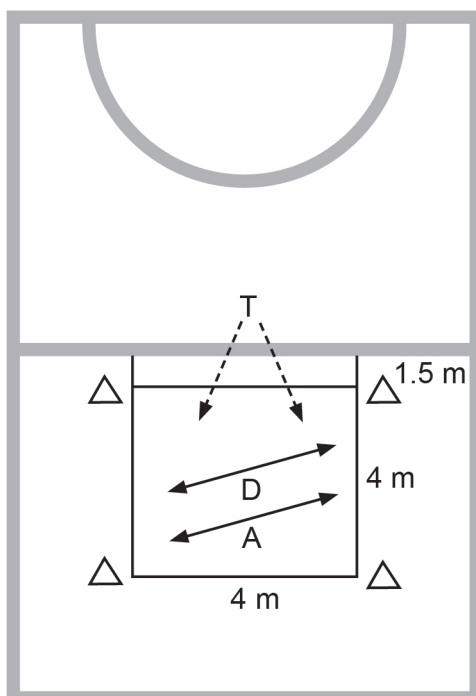
X	= player
T	= thrower
△	= marker
→	= player movement
- - - - ->	= ball movement

**Drill description:**

1. Set up in the centre third of the court with thrower (floor supervisor) in the centre circle.
2.  $X_1$  and  $X_2$  start behind transverse line.
3. Thrower throws ball to self to create timing for the two attackers to lead.
4. On the catch by the thrower, both  $X_1$  and  $X_2$  offer a split lead for the ball.  $X_1$  has the choice of leading to the left or right but must use a combination of both.
5. Thrower passes to  $X_1$ .
6.  $X_1$  completes the split lead then executes an outside foot land and pivot.
7.  $X_2$  completes the split lead then re-offers back down court on an angle.
8.  $X_1$  passes a shoulder pass to  $X_2$  on the re-offer lead.
9. Player  $X_1$  follows up and leads down the sideline and presents for a return pass from  $X_2$
10. Remaining candidates line up 3, 4, 5, 6, 7 and 8 – the next rotation, 3 and 4 will then perform the drill.

**See next page**

Drill #3: Shadowing



**Key:**

A	= attacker
D	= defender
T	= thrower (floor supervisor)
△	= marker
—————→	= player movement
- - - - ->	= ball movement

**Drill description:**

1. Skills are to be performed inside the 4 m x 4 m grid set up with markers.
2. The thrower (T) is positioned 1.5 m outside the grid. T throws ball to self to create timing for the attacker and defender to begin.
3. Starting position for A and D is in the centre of the grid. D takes up a defensive stance with their back to A.
4. On the catch by the thrower, A is to use a dodge in a lateral direction (left and right) using the grid indicated by the markers to evade D and receive a pass. A must receive the pass inside the marked grid.
5. D is to shadow defend A's movements.
6. D must maintain their head position, cover A's movements and intercept or deny the pass.

See next page

## SECTION TWO – Conditioned Performance

(20 marks)

<b>SCENARIO PLANNING</b>	
DEFINE PLAYING AREA OR BOUNDARIES	Half court
SPECIFY NUMBER OF PLAYERS	4 vs 4 Offence: GS, GA, WA, C Defence: GK, GD, WD, C
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Creating a scoring shot from a centre pass.
SPECIFY ROLES OR GOALS OF PLAYER(S)	No special notes
SPECIFY OPTIONS, RULES AND/OR RESTRICTIONS	Normal position rules apply. Change offence and defence after 5 minutes.

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