



Western Australian Certificate of Education Examination, 2015

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PHYSICAL EDUCATION STUDIES

Practical (performance) examination Australian Football

Time allowed

Warm-up: 30 minutes
Skills and Drills: 75 minutes

Materials required

To be provided at the venue

Non-personal equipment required for Australian Football

To be provided by the candidate

Enclosed shoes or boots

Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills		
• Skill 1	6	15
• Skill 2	6	
• Skill 3	6	
• Skill 4	6	
• Skill 5	6	
Conditioned performance	20	15
	Total	30

Instructions to candidates

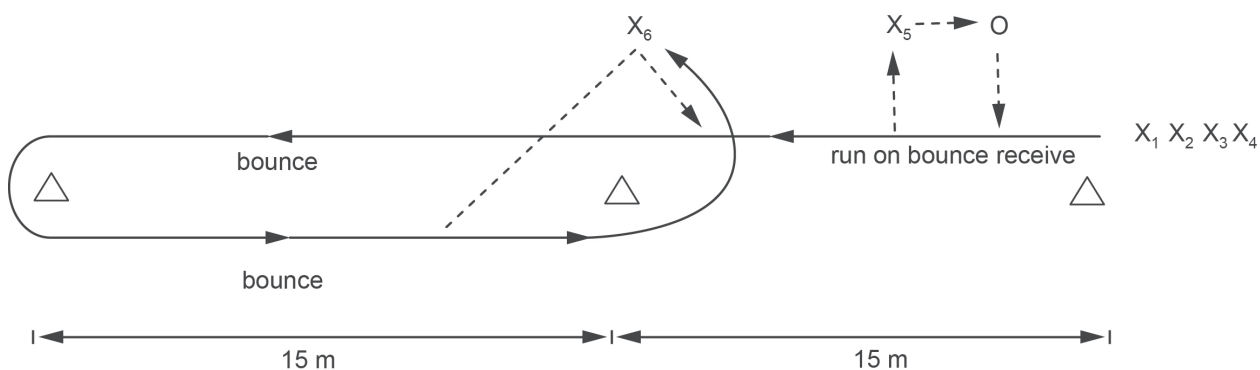
1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

SECTION ONE – Skills Performance**1. Skills set**

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Bounce	Handball	Overhead mark	Running drop punt	Set shot

See next page

Drill #1: Bounce, Handball



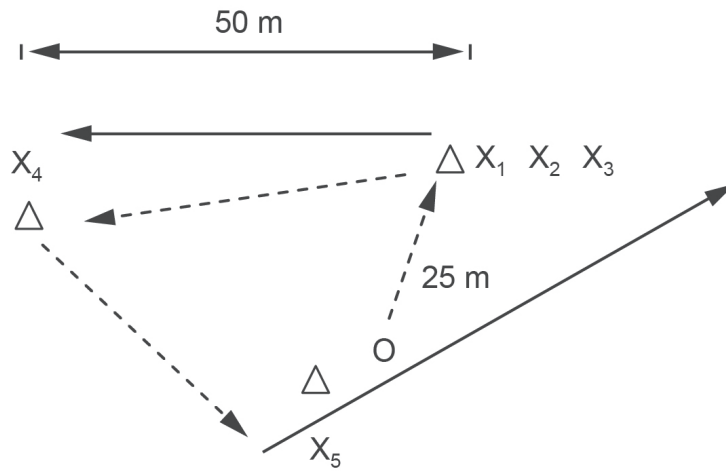
Key:

X	= player
O	= feeder
△	= marker
→	= player movement
- - - - ->	= ball movement

Drill description:

1. Player X₁ runs forward and receives handball from feeder
2. Player X₁ bounces ball then handballs to player X₅ and runs on
3. Player X₅ handballs back to feeder
4. Player X₁ receives handball from X₆ then bounces ball 2 or 3 times, turns around cone and handballs to X₆, then runs to X₆
5. Players rotate X₆ to X₅. X₅ to back of line

Drill #2: Overhead mark, Running drop punt



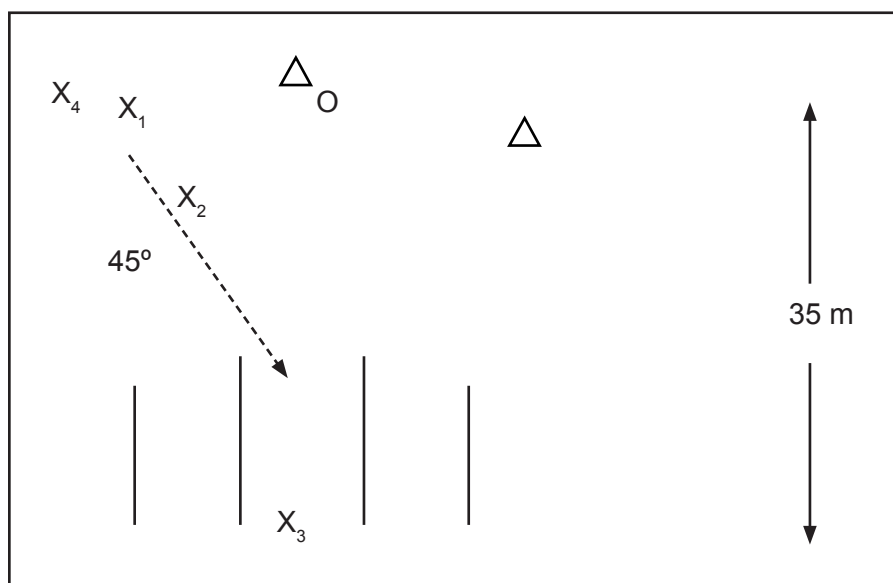
Key:

X	= player
O	= feeder
△	= marker
—————→	= player movement
- - - - -→	= ball movement

Drill description:

1. Feeder kicks high ball to leading player X₁
2. Player X₁ marks with overhead mark, then plays on
3. Player X₁ kicks running drop punt to player X₄ who leads to mark
4. Player X₁ runs to marker at X₄
5. Player X₄ kicks ball to X₅ and moves to position X₅
6. X₅ gives the ball to the feeder and moves to back of line

Drill #3: Set shot



Key:

X	= player
O	= feeder
Δ	= marker
→	= player movement
- - - - ->	= ball movement

Drill description:

1. X_1 kicks from the first marker 35 m from goal. X_2 stands on the mark, defending the kick.
2. After the kick has been made, X_1 becomes the defender and X_2 goes behind the goals to retrieve the ball. X_3 retrieves the ball and carries it back to feeder.
3. X_4 moves forward to kick.
4. Reverse side when all candidates have had two kicks on goal from one side.

SECTION TWO – Conditioned Performance

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	50 metre arc
SPECIFY NUMBER OF PLAYERS	8 (can be done with 6)
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Creating and defending a scoring shot.
SPECIFY ROLES OR GOALS OF PLAYER(S)	Feeder kicks the ball in. Four players (offence) try to score a goal. Other four players defend to get the ball out of the 50 metre arc (defence). Ball must pass through 2 possessions before shot on goal.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Change offence and defence after 5 minutes.

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